Newport Academy - Male - Connecticut

(Residential Treatment Center)

CONTACT

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NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Boys Only
Ages: 15 - 20
Grades: 9 - 12; college
Enrollment: 10
Duration: 30-120 days, average
Founded: 2008



Airport: Tweed New Haven Airport (HVN)
Hartford Bradley Airport (BDL)

Newport Academy offers individualized, gender-specific residential facilities for teens and families struggling with mental health, trauma, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying causes of self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine-Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

Newport Academy combines evidence-based clinical, experiential, and academic elements into each individual's treatment program and provides a path for teens to heal and live happy, healthy lives. With a staff to resident ratio of five to one, we offer a compassionate staff that is attentive and responsive. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling each week.

Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educational, experiential, and process-oriented activities throughout the entire treatment process.

The Newport Academy medical team is led by Dr. Rachel Fortune, previous Director of Outpatient Services at Yale University School of Medicine/Yale New Haven Hospital. The clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist, Marcie Beasley, a licensed Clinical Counselor, Dr. Michel Mennesson, Dr. Rizwan Parvez, Dr. Prakash Thomas, and Dr. Geoffrey Phillips, who are all board-certified in general Psychiatry and Child/Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietician, a Clinical Nutritionist, and Nurse Practitioner.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Connecticut, Department of Children and Families; CCF/RT-123; CARF*
Professional Affiliations: *NATSAP-Full Member; National Association of Addition Treatment Providers (NAATP), Association of Recovery Schools*