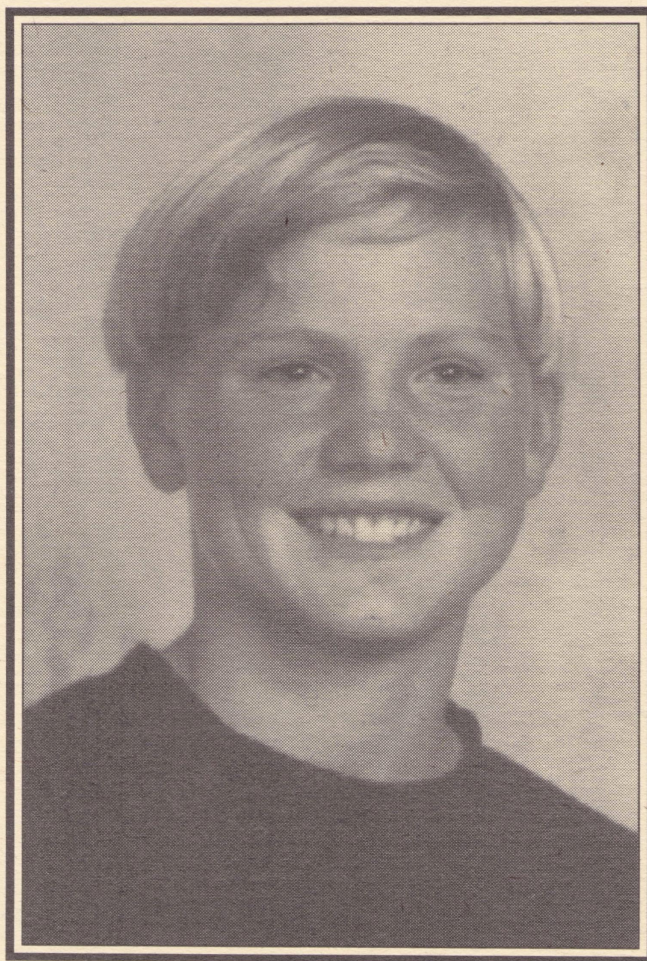

SUWS ADOLESCENT PROGRAM

Recapture the Smile . . .



An Intervention Program for Teens at Risk



A Personal Growth Challenge . . .
Revealing Positive Attitudes & Behaviors

Professional Comments



"Also noteworthy about SUWS is that they are in the business strictly to help the student and parents for a short-term stay. SUWS is excellent at breaking the present patterns, removing the child from his unhealthy environment, and breaking down the barriers of denial, resistance, and destructive behavior. SUWS does not pretend to be the only cure, but rather the intermediary step to help the child receive help. And the SUWS program gives everyone time to plan the next step."

Educational Consultant

"As a medical professional, I've seen lots of programs for teens, and I've heard lots of promises. SUWS is the only one that I know of that truly makes a positive difference. I use SUWS not only as an intervention step, but I rely upon their staff for the insight to help me to understand how best to help families make the healthiest choices for the long run, too."

Adolescent Psychologist

"SUWS takes kids for a short time and helps them to make healthier choices. We use SUWS because a child can usually return to school, without getting impossibly behind academically, with renewed self esteem and the ability to be successful."

Director of Admission,
Private Boarding School

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Student Perspectives

"The first day I came, I was miserable. I took everything as a punishment. All I thought about was my friends at home and the day 'I'd get out of here.' Slowly I forgot about them and started thinking about myself. I learned things about myself that I never knew.

"Now I love it here. I have an incredible sense of openness and joy. I can't stop smiling."

Student, L.S.

"In all honesty, I feel this course has helped me change my feelings toward family, myself, my personality in general, and the way I see things. The course taught me how to become more independent, self-reliant, and also to know my limits.

"When I got here, I was determined not to change, and later I realized that is what I needed -- to change."

Student, L.W.

"This course has helped bring out the person that has always been there, but I was hiding. It showed me the way to bring down the wall between the real me and my emotions. The first day I came here, I thought everyone else was the problem. I thought I didn't have any emotions because I didn't need them. Now I have different ways of dealing with things and new feelings and new perspectives on life."

Student, H.D.R.

"I've never been so dirty on the outside and so clean on the inside."

Student, L.D.

A Pe
Revealin



Many parents are searching for the child who used to be. Their child looks familiar, but is only a shell of someone else they once knew well. It's painful to deal with the adolescent who is hiding, camouflaging, and sometimes damaging the child who used to be.

When adolescents are off track, family life unravels.

SUWS helps adolescents who are experiencing behavioral difficulties at home and/or at school. These are children who have what it takes to be successful, but because of crippling perceptions about themselves, they have little access to the abilities they possess. These young people may be:



- defiant
- manipulative
- untruthful
- rebellious
- angry
- sad
- promiscuous
- secretive
- unreasonable
- out of control
- failing in school

He or she is certainly suffering from low self-esteem. Concerned parents or professionals are often fearful of the consequences of this child's impulsiveness and irresponsibility. Running away, experimenting with drugs and/or alcohol - all are symptoms of the confusion adolescents may experience.

The Instructors

SUWS instructors work with individual students to clarify choices, teach healthy coping strategies, and empower them with the new belief that they can really become the best that they can be.

In addition to the two field instructors who are with the group for the entire 21 days, a field supervisor visits the group frequently to work with each student and monitor the



progress of the group. Field supervisors are very experienced, highly trained and carry the responsibility of assessing the real needs and progress of the child and to communicate with the parents.



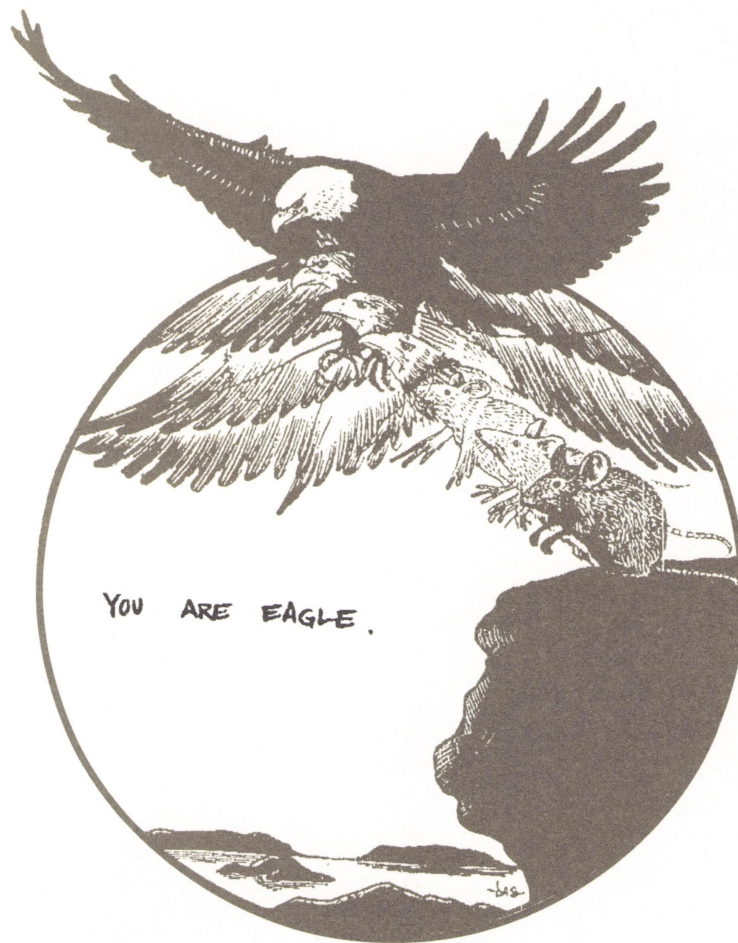
Education Credit

Students receive a curriculum manual on the first day. The manual contains philosophy, practical skill instruction, stories, journal assignments, history, and science lessons.

Adolescents are often able to receive transferable credit for completing their SUWS curriculum.

Program Description

SUWS uses a search and rescue metaphor. We know that human beings need and want to contribute to a larger cause, and the search and rescue element of the program is the vehicle by which this is accomplished. Before the course is over, each student will have the experience of functioning as a contributing member of an outdoor search and rescue team. Responsibilities are divided among the group members, and they practice how to respond to real emergencies.



The training includes first aid, map and compass, and how to respond to emergency situations as a team. This training, however, is of secondary importance. It is not our intent to train children to be search and rescue professionals, but instead to allow them to discover their inner strengths and value. Living this metaphor throughout the program facilitates the process of searching for true self, beginning to find that self, and learning how to stay true to this self-discovery after leaving the program.

A 21-Day SUWS Experience is Just the Beginning

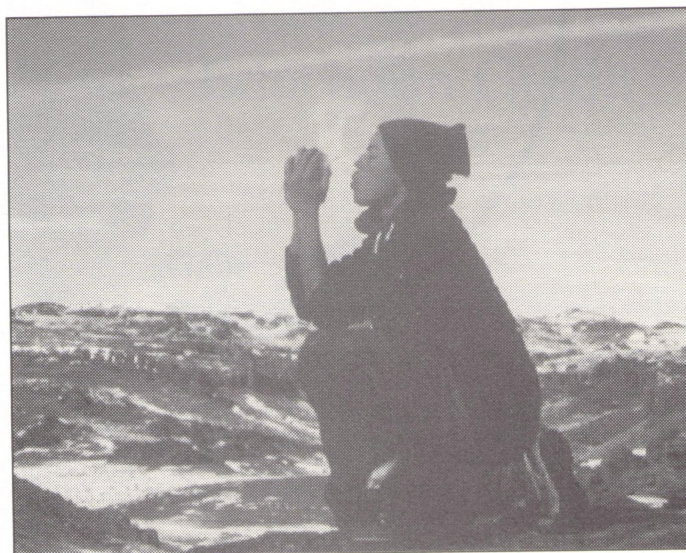


Working Together

Children develop behaviors over time, and time is what is needed for new patterns to become part of the fabric of an adolescent's life.

Our staff will begin working with your family

immediately to make the best choices for your child. Often families involve trusted professionals such as: educational consultants, school officials, therapists and counselors in this decision. Parents need a plan and the SUWS staff is trained to help you develop one that will work.



Kindling



"Reunion"

HOW TO ENROLL

- Call the SUWS admissions office and request an information packet. (714) 895-0923
- The SUWS experience begins every Thursday, year-round. (Special arrangements can usually be made for safe, temporary placement until the trip leaves.)
- Before your child arrives you must complete the entire application form, including the releases and return with payment.
- Your child must have a physical examination from a doctor before leaving.
- Specific transportation and clothing information is contained within the application packet.
- There is a complete list of parent references contained within the enclosed application materials. Please take the time to call as many parents as you need. They are all waiting to share their experiences with you.

PLEASE SUBMIT ALL ADMISSION INFORMATION TO:

SUWS ADMISSIONS DIRECTOR
7711 Center Ave., Suite 395
Huntington Beach, California 92647

Phone: 714-895-0923

Fax: 714-892-3095



Parent To Parent



"We respect your professionalism and sensitivity. We won't forget the extra effort you made on our son's behalf. SUWS is not what we bargained for. It is a whole lot more."

Parent, S.K., 1988

"I have received many calls from parents asking for a recommendation for SUWS. My heart goes out to them; it was just a short time ago we felt so hopeless. Thanks again for your dedication. I think we are heading in a very positive direction, and it almost feels like full speed ahead! A short time ago I wouldn't have guessed this was even a possibility."

Parent, K.S., 1991

"I want to thank you for the excellent job that the SUWS Wilderness Program has performed for not only my son, but also for the hundreds of other young people that have endured the rigors of an intense emotional and physical experience."

"I think that as always, we as parents need to change in our relationships with the young person who has been so affected, and I believe that we have begun this process in our household. The journey, I am sure, will be long and not always upward, but I believe that he has been positively influenced by your program."

Parent, B.V., M.D., 1994