

Santiam Crossing School

(Therapeutic Boarding School)

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PROGRAM OUTLINE

Gender: Coeducational
 Ages: 14 to 17
 Grades: 9 to 12
 Enrollment: 30
 Duration: 6 to 9 months
 Founded: 2004



NATSAP

Member Since: 2006



Airport: Portland

Santiam Crossing School provides families with a treatment option that is less than one year in length, therapeutically intensive, and enables students to catch up academically. Students benefit from extensive therapy, a family reunification program, academic credit recovery, an academic-based wilderness adventure program, and an adventure-focused professional development certification program. All aspects of the program are designed to engage students in the process of understanding themselves and appreciating their families.

Appropriate candidates for Santiam Crossing School are adolescents ages 14 to 18 who are exhibiting negative behaviors and struggling with a variety of emotional issues including depression and hopelessness, grief and loss, adoption and attachment issues, attention problems, impulsivity, anxiety, as well as, self-destructive behaviors such as substance experimentation/abuse, academic decline, defiance, lack of motivation, and poor family and peer relationships. The average length-of-stay is eight to nine months. Attendance of a therapeutic wilderness program is a pre-requisite for enrollment.

A team of therapists oversees each student's individualized treatment plan. A variety of therapy approaches are used including individual therapy, group sessions, psycho-educational groups, substance abuse and recovery, wilderness therapy and family therapy.

Two to three weekends per month students leave campus and take part in a wilderness based adventure and service-learning trip. Activities may include white water rafting, climbing, equine experiences, and mountain biking.

At Santiam Crossing, parents play an instrumental role in their child's treatment. They participate in bi-weekly family therapy sessions, parent coaching, and in a monthly family weekend.

Our professional development certification program is the first-of-its-kind in the industry. Students are earning nationally-recognized certifications such as Wilderness First Responder, Swiftwater Rescue Technician, and more. This certificate program is great way for students to develop responsibility, good judgment and self-regulation plus the certifications are great additions to a college application or summer job resume.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Registered private school in the State of Oregon; Northwest Accreditation Commission

Professional Affiliations: NATSAP-Full Member; OBHIC