Second Nature Uintas

(Wilderness Program)

CONTACT

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NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 to 17
Grades: N/A
Enrollment: 8-10 per group, single gender only
Duration: Minimum 6 weeks, Avg. 7-9
Founded: 1998



Airport: Salt Lake City

Second Nature is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with master's and doctorate level therapists twice weekly.

Second Nature works with students ages 13 to 17 with a range of emotional and behavioral issues including Depression, Learning Differences, Oppositional Defiance, Attention Deficit, Attachment, and Substance Abuse Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict.

Second Nature is a flexible 6 to 8 week Outdoor program designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, Therapists, and Consultants take part in weekly Treatment Planning Sessions.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah Office of Licensing Department of Human Services Outdoor Youth Treatment, Northern Association of Accredited Schools
Professional Affiliations: NATSAP-Full Member