

Auldern Academy

(Therapeutic Boarding School)

CONTACT

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PROGRAM OUTLINE

Gender: Girls Only
Ages: 13 - 18
Grades: 8 - 12/College Prep
Enrollment: 60
Duration: 14 - 18 months
Founded: 2001



NATSAP Member
Since: 2002

Airport: Raleigh/Durham, NC (RDU)

Auldern Academy is a therapeutic boarding school offering an excellent college-prep academic curriculum, and an outstanding therapeutic program both in a warm and nurturing environment. Our goal is to prepare young women academically, emotionally and socially for the challenges of the coming college years.

Young women who succeed at Auldern are academically capable, but there has been some concern about the risks they may face in more traditional schools. Most of our students will have completed some prior therapeutic or wilderness program to help bring them awareness of, and willingness to continue to address personal issues. Auldern Academy offers a college preparatory 9th through 12th grade academic curriculum, which includes Honors coursework. Our small classes rarely exceed ten students, allowing the student and her teacher to have a high level of interaction, communication and ability to meet the needs of each students, no matter what their academic needs may be. In addition, Auldern Academy offers a strong visual arts program that includes ceramics, photography, drawing and painting. Evening enrichment classes include yoga, dance, horseback riding, guitar and choir. Students are able to form and join clubs such as fitness, drama, tennis and reading.

Auldern Academy's Clinical Services Program is built upon a gender specific, evidence based curriculum designed to specifically help young women in their quest for self-confidence, emotional health and relational healing. The Clinical Services Program is staffed by master's level clinicians who provide support in the form of individual, group and family therapy. Specialized substance abuse and trauma counseling is also available to those who need these services. Upon admission, each student is partnered with a clinician who helps her and her family create a Personal Growth Plan that keeps treatment focused and directed.

Our Student Life department strives to create a nurturing and caring community that is filled with camaraderie and fun. Our goal is to create a warm, safe atmosphere while teaching girls to take responsibility for their behaviors, relationships and living situation. During their time at Auldern, students develop the confidence, integrity and compassion they need to lead them to success as a young adult. Most importantly, Auldern girls learn to build friendships built on mutual respect, honesty and trust. Weekends are enriched with a large variety of off-campus activities that allow girls to interact with the robust and diverse Chapel Hill and Raleigh communities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: National Independent Private School Association (NIPSA) Therapeutic Certification Level III; North Carolina Department of Education, Non-Public School Accreditation; National Independent Private School Association (NIPSA); AdvancEd (formerly SACS/CASI); Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member