



Helping Troubled Children Discover Lasting Solutions

SECURE RESIDENTIAL PROGRAMS

Three Springs Secure Residential Programs serve children who need a highly structured indoor environment to help them manage their behavior. The programs utilize a Cognitive Behavioral Group model, which assists children in recognizing and changing their thought processes in order to change inappropriate behavior. Secure Residential Programs use a positive peer approach to help residents understand and practice proper roles and boundaries. Children in these programs receive regular one on one counseling along with group and family sessions. Treatment Teams work with each family to develop an individualized, comprehensive plan for their child, which will guide his or her goals and care. All programs have an accredited school on campus and offer the opportunity to earn a high school diploma or GED. Medication monitoring, psychiatric evaluations and nursing services are available. Our Secure Residential programs can serve children from 12-18.



OUTDOOR THERAPEUTIC PROGRAMS

Campuses are set on pristine natural property featuring mountains, streams and nearby wildlife, and offer opportunities for outdoor adventures. Residents live in a group camp and experience a variety of safe, structured activities designed to heal and strengthen the mind, body and spirit. Children attend classes in our on-site accredited schools.

The Outdoor Therapeutic Model does not take place in the wilderness, nor is it based on the harsh, intimidating treatment associated with a boot camp. Living in the OTP environment means hard physical and emotional work: learning respect for self and others and learning to take responsibility for one's actions. At the same time, Outdoor Therapeutic Programs provide a secure and nurturing environment for children within a supportive, family-like group where interdependence and responsibilities are clear.

Three Springs' Outdoor Therapeutic Programs utilize a Cognitive Behavioral Group model combined with a goal-directed group process that focuses on the "here and now" issues of a child's life. This therapeutic approach assists the child in understanding and respecting the proper roles and boundaries that exist in society. Treatment teams work with each family to develop an individualized, comprehensive plan for their child which will guide goal-setting and therapeutics throughout their stay. Medication monitoring and nursing services are available at most of Three Springs' outdoor programs. Our Outdoor programs were created to serve children age 11-18, however each campus has an ideal age range.

OTHER PROGRAMS

Englishton Park in Southern Indiana is a program designed in cooperation with the Indiana Department of Special Education. The program is a therapeutic educational community that serves boys with significant emotional and behavioral problems. The boys live and attend school in a dormitory located on a historic 250 estate. Englishton Park operates under a dynamic Cognitive Behavioral Model with Intensive Group, Individual and Family Counseling. Through a peer empowerment model, the program provides a variety of specialty groups in addition to Growth Seminars and Aftercare services. A year round academic program offers education for each resident as part of his individualized, multi-disciplinary treatment plan. The boys also have daily involvement in Fitness Activities, Experiential Learning and Adventure Therapy.

New Direction Transitional Living Program provides services for boys who have a history of therapeutic issues and who need a step down or transition phase before going back to their communities. New Direction offers a combination of traditional services in a nurturing and safe atmosphere along with adventure based activities in a family type setting. Services include a private, accredited school, individual and group counseling, family counseling, life skills education, community activities and job placement assistance.



PERSONAL GROWTH BOARDING SCHOOL

Aulder Academy is a college-preparatory boarding school with a personal growth curriculum. The school offers a traditional boarding environment with challenging, but supportive academics. The personal growth program helps to prepare young women for college-matriculation and independence. Aulder serves academically capable young women, grades 9-12, who will benefit from more structure and support than a typical boarding school provides. Aulder Academy's mission—to prepare students for the emotional, social, and academic challenges of college and independence—is well supported by the three integrated education departments: Counseling Services, Student Life, and Academics. Aulder's Counseling Services Department offers students a warm, safe context for exploring and overcoming longstanding emotional concerns. The Student Life Department creates opportunities for students to improve social skills and learn life-management strategies. The Academic Department offers students small classes and a challenging curriculum, designed to build academic skills, disciplines, and confidence in preparation for college-level coursework. Each department tailors its approach to the needs of individual students.



PROGRAM LOCATIONS

OUTDOOR TREATMENT PROGRAMS

THREE SPRINGS PAINT ROCK VALLEY

TRENTON, ALABAMA (NORTHERN ALABAMA, 30 MILES FROM HUNTSVILLE)

ADMISSIONS OFFICE: 256.776.2503

ENROLLMENT: BOYS AND GIRLS (SEPARATE CAMPUS)

HIGHLIGHTS: EQUINE PROGRAM, PROGRAM FOR ADOLESCENTS
APPROACHING 18 YEARS.

THREE SPRINGS DUCK RIVER

CENTERVILLE, TENNESSEE (60 MILES SOUTHWEST OF NASHVILLE)

ADMISSIONS OFFICE: 931.729.5040

ENROLLMENT: BOYS ONLY

HIGHLIGHTS: SPECIALIZED CHRISTIAN GROUPS, ACCREDITED BY
CARF (COMMISSION ON THE ACCREDITATION OF REHABILITATION
FACILITIES)

NEW DOMINION SCHOOL OF VIRGINIA

DILLWYN, VIRGINIA (60 MILES WEST OF RICHMOND)

ADMISSIONS OFFICE: 434.983.2051

ENROLLMENT: BOYS AND GIRLS (SEPARATE CAMPUS)

HIGHLIGHTS: LONG ADVENTURE TRIPS AND FASCINATING STUDENT
BUILT CAMPSITES.

NEW DOMINION SCHOOL OF MARYLAND

OLDTOWN, MARYLAND (WESTERN MARYLAND, 140 MILES WEST OF D.C.)

ADMISSIONS OFFICE: 301.478.5721

ENROLLMENT: BOYS ONLY

HIGHLIGHTS: LONG ADVENTURE TRIPS AND FASCINATING STUDENT
BUILT CAMPSITES.

THREE SPRINGS NORTH CAROLINA

PITTSBORO, NORTH CAROLINA (NEAR CHAPEL HILL, NC)

ADMISSIONS OFFICE: 919.542.1104

ENROLLMENT: BOYS ONLY

HIGHLIGHTS: NC MEDICAID/HEALTHCHOICE FUNDING FOR ELIGIBLE
CHILDREN, ACCREDITED BY CARF (COMMISSION ON THE ACCREDITATION
OF REHABILITATION FACILITIES)

PERSONAL GROWTH BOARDING SCHOOL

AULDERN ACADEMY

SILER CITY, NORTH CAROLINA (NEAR CHAPEL HILL, NC)

ADMISSIONS OFFICE: 919.837.2336

ENROLLMENT: GIRLS ONLY

SECURE RESIDENTIAL PROGRAMS

THREE SPRINGS COURTLAND

COURTLAND, ALABAMA (NORTHERN AL, 45 MILES WEST OF HUNTSVILLE)

ADMISSIONS OFFICE: 256.637.2199

ENROLLMENT: BOYS ONLY

HIGHLIGHTS: ONE TRACK FOR SEXUALLY INAPPROPRIATE BEHAVIORS,
ANOTHER SERVES SERIOUS BEHAVIORAL DISORDERS.

THREE SPRINGS NEW BEGINNINGS

OWENS CROSS ROADS, ALABAMA (NORTHERN AL, 20 MILES FROM HUNTSVILLE)

ADMISSIONS OFFICE: 256.725.7170

ENROLLMENT: GIRLS ONLY

HIGHLIGHTS: ACCREDITED BY CARF (COMMISSION ON THE
ACCREDITATION OF REHABILITATION FACILITIES)

OTHER PROGRAMS

THREE SPRINGS NEW DIRECTIONS

OWENS CROSS ROADS, ALABAMA (NORTHERN AL, 20 MILES FROM HUNTSVILLE)

ADMISSIONS OFFICE: 256.725.7170

ENROLLMENT: BOYS ONLY

THREE SPRINGS ENGLISHTON PARK

LEXINGTON, INDIANA (SOUTHERN INDIANA, 40 MILES FROM LOUISVILLE, KY)

ADMISSIONS OFFICE: 812.889.3992

ENROLLMENT: BOYS ONLY

*ALL THREE SPRINGS PROGRAMS ARE LICENSED BY THEIR HOME
STATE AND HAVE A FULLY ACCREDITED SCHOOL ON CAMPUS.

OUR MISSION

THE MISSION OF THREE SPRINGS IS THE HEALING AND RESTORATION OF CHILDREN AND THEIR FAMILIES. EVERY RESOURCE AT OUR DISPOSAL, BE IT FINANCIAL, HUMAN OR OPERATIONAL, IS DIRECTED TOWARD THIS PURPOSE. OUR EFFORTS WILL ALWAYS BE GOVERNED BY THE PRINCIPLES OF HONOR, RESPECT, TEAMWORK, RESPONSIBILITY, ACCOUNTABILITY AND HONESTY.

OUR CREED

We believe that every person, regardless of age, social standing, sex, education or race is a person worthy of respect, and whose dignity as a human being should be considered at all times. We believe that every child placed in our care has a goodness and strength to be found, regardless of their problems or unacceptable behavior. We believe that the physical and emotional health of our residents is paramount. In no case should they be subjected to undue risk or emotional damage because of our actions. We believe in discipline based upon love and care, and that decisions affecting those in our care should never be made in anger or haste. We believe that growth and maturation come by doing, and our residents should never be demeaned by having done for them what they can do for themselves. We believe that each person involved in our treatment program, be they parent, child, social worker, probation officer, counselor or friend is a part of a cooperative team, and that little can be accomplished without the valuable contribution of each team member. We believe in truth, whatever the potential for embarrassment. We believe in fairness, knowing that decisions are never fair to all people all of the time. We believe in building bridges, rather than burning them, and developing friendships based upon understanding and care for others. We believe in goals and commitment; for without them our lives are undisciplined and non-directed.