

The Pinnacle Schools/Elk River

(Residential Treatment Programs)

CONTACT

Phone: (866) 906-TEEN
(256) 518-9998
Executive Contact: Karen Lee
Admission Contact: Ann Corley
Email: anncorley@thepinnacleschools.com
Fax: (256) 518-9941
Address: 500 Governors Dr.
Huntsville, AL 35801
Website: www.thepinnacleschools.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 to 18
Grades: 6 to 12
Enrollment: 60
Duration: Short Term with Flexible Length of Stay
Founded: 2005



NATSAP

Member Since: 2006



Huntsville

Airport: Huntsville, AL/ Birmingham,
AL/Nashville, TN

The programs of The Pinnacle Schools are empirically derived to provide clinically supported diagnostic, assessment and treatment services to troubled teens ages 12-18. Students present with a myriad of problems including but not limited to: ADD/ ADHD /ODD, bipolar disorder/depression, Asperger's, substance abuse, online gaming addiction, adoption/divorce/family issues, obesity, academic decline/learning differences, and negative peer relationships. Elk River, a program of The Pinnacle Schools, offers a short-term therapeutic program, a step-up midterm program with a flexible length of stay, and a teen weight management program. The therapeutic intervention provided halts maladaptive behaviors and assists teens in growing intellectually, emotionally, behaviorally, and spiritually.

The challenge of the outdoors is used as a therapeutic teaching tool. Students are removed from their "comfort zone" to a base campus providing facilities for therapeutic care, safety, medical care, education and hygiene. Our professional staff includes; physicians, psychiatrist, psychologists, licensed professional counselors, registered nurses, a registered dietician, and Ph.D. and Master's level educators. We utilize a Treatment Team approach when working with students and their families. The team includes professional staff, parents, educational consultants, and student's psychologist/psychiatrist. Individual treatment plans are designed for each student and necessary modifications are made at bi-weekly treatment team meetings. All members of the team will be updated regularly as the student progresses, and will be involved in developing a transition and aftercare plan which meets the student's specific needs and goals. The Pinnacle Schools Elk River Treatment Program emphasizes parent training throughout a student's stay and a 3-day parent workshop is provided upon completion of the program.

Therapy includes cognitive behavior modification in the group process model led by a psychologist or LPC. Therapeutic workshops include but are not limited to: abandonment, anger management, goal setting, accountability, communication skills, peer relations, and experiential learning. Specialty groups include AA/NA/OA/Olganon and optional Bible Study. All students participate in a one-week off campus expedition challenge.

All programs offer fully accredited (SACS & CASI) academic curricula, credit recovery and state certified educators.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Alabama Department of Youth Services

Professional Affiliations: NATSAP-Full Member; NATWC, AEE, ACCT