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Sequel Youth and Family Services
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Staff-Secure Residential Academies

Starr Albion Prep
 Capital Academy
 Charles Britt Academy
 Clarinda Academy
 Duval Academy
 Falcon Ridge Ranch
 Forest Ridge Youth Services
 Lakeside Academy
 Lakeside Academy of Kansas
 Lava Heights Academy
 Marion Youth Academy
 Mingus Mountain Academy
 Mountain Home Academy
 Mt Pleasant Academy
 Normative Services Academy
 Pompano Youth Treatment
 Red Rock Canyon
 Riverside Academy
 Sequel of Montgomery
 Sequel Transition Academy
 Woodward Academy
 Overview & Locations

Lava Heights Academy



Notice of Privacy Practices

Lava Heights Academy is a residential treatment center for male and female teens 12-18 offering comprehensive arts therapy programs covering all four arts modalities; music, drama, art and dance/movement therapies. Lava Heights Academy's therapists and arts professionals work with teens that have psychological, emotional, behavioral, social, and other developmental challenges; reaching them in ways traditional talk therapy cannot. The arts provide a way for students to communicate and overcome complex feelings, fears and struggles when words alone are not enough.

Programs Offered

- Licensed therapists and mental health professionals (*Ph.D., LCSW, LMFT, LPC, LSAC*)
- Clinical assessments and testing
- Weekly individual session
- Weekly family session via telephone
- Single gender specialty groups (*positive peer culture, substance abuse, self esteem, adolescent identity boundary issues, anger management, trauma, attachment, experiential*)
- Adolescent Identity development groups
- Chemical dependency addiction groups, 12 step program, NA/AA meetings, ♦Living in Balance Program♦
- Student and family therapeutic course work required
- Full medical care available
- Abuse/Addiction, Post Traumatic Stress Disorder (PTSD), Brain Science, Neuro feedback & Brain Mapping

Residential Living

- 24 hours Supervision - Positive peer culture environment
- Social skills - Leadership skills
- Problem solving skills - Time management skills
- Positive Values development - Community service projects
- Healthy living - Psycho-educational groups

Student Profile

- ADD/ADHD
- Oppositional defiant
- Depression
- Bipolar
- Adoption/attachment issues
- Poly-substance abuse
- Self esteem
- Self harm
- Adolescent identity boundary issues
- Anger management
- Trauma, Abuse
- Post Traumatic Stress Disorder (*PTSD*)
- Self destructive behavior

Whom Do We Serve?

Students accepted to Lava Heights Academy are most commonly boys and girls ages 12-18 who exhibit behaviors that prevent him or her from thriving in the home environment. Students may have a history of emotional problems such as poor self-esteem, poor coping skills, lack of anger management skills, Depression, Anxiety, Poor impulse control, Eating disorders and/or other self harm, History of drug or alcohol abuse, History of poor school performance, History of abuse or neglect, Developing parent-child conflict issues, Obsessive compulsive disorder, Body Image disorders, or other self-destructive behaviors.

Visit our website at: www.lavaheightsacademy.com

For additional information or to make a referral, please contact:

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Not sure which program?

Contact Steve Gilbert

Phone: 712-310-9395

[Email for more information](#)

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