

Spruce Mountain Inn

(Residential Treatment Center and Young Adult Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(802) 454-8353	Gender:	Coeducational
Executive Contact:	Candace Beardsley, LICSW	Ages:	Youth ages: 17 and Up Adult ages: 18 to 28
Admission Contact:	Grant Leibersberger, MBA, M.Ed.	Enrollment:	12 Residential beds plus variety of step-downs
Email:	info@sprucemountaininn.com	Duration:	Varies, short to long term
Fax:	(802) 454-1008	Founded:	1982
Address:	P.O. Box 153 Plainfield, VT 05667		
Website:	www.sprucemountaininn.com		



NATSAP

Member Since: 1999



Airport: Burlington

Spruce Mountain Inn offers a structured, comprehensive treatment program that combines therapeutic/psychiatric intervention, vocational development, substance abuse treatment and skills training within the context of a supportive community. The program is structured as a continuum of service with intensive sub-acute services, residential treatment, monitored group and apartment living.

At Spruce Mountain Inn, a typical candidate is between the ages of 17 and late 20's and has several of the following characteristics: a mental health problem(s) which may effect: mood, the ability to manage stress/anxiety; difficulty maintaining healthy relationships; difficulty sustaining employment; difficulty managing daily affairs; difficulty managing time; an addiction; and/or a need to become more independent from family.

In the residential program, 12 clients live in single or double rooms and participate in the routine of group living. There are also 3 individual on-site apartments and an un-staffed group residence and community based apartments. Initially, a client's day is highly structured around a variety of groups and activities. As time goes on, days include volunteer and competitive work placements and/or classes in the local community, which replace activities at the Inn. A case manager, psychotherapist, support worker, vocational coordinator, and psychiatrist each meet with the program participants to work on specific treatment goals. As clients make progress, they take on greater levels of independence and the intensity of service is reduced.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Vermont Agency of Human Services, Department of Aging & Disability, Division of Licensing and Protection

Professional Affiliations: NATSAP-Full Member; American Residential Treatment Association (ARTA)