

Summit Achievement

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(207) 697-2020	Gender:	Coeducational
Executive Contact:	Will White, L.C.S.W.	Ages:	13 to 19
Admission Contact:	Adam Tsapis	Grades:	8 to 12
Email:	admissions@summitachievement.com	Enrollment:	4 groups of 8
Fax:	(207) 697-2021	Duration:	3 to 12 weeks (variable)
Address:	69 Deer Hill Road	Founded:	1996
	Stow, ME 04037		
Website:	www.summitachievement.com		



NATSAP
Member Since: 2000



Stow

Airport: Portland, ME/Manchester, NH

Summit Achievement is a licensed residential facility, operated continuously by the same founders since 1996. Students from throughout the United States and abroad are working on changing unproductive patterns and behaviors. Summit Achievement students are boys and girls ages 13 to 19 who may exhibit any of the following: low self-esteem, low motivation, poor school performance, school refusal, drug or alcohol abuse, impulsive behavior, depression, anxiety, poor decision-making, poor or inaccurate self-image, adoption issues, susceptibility to negative peer pressure, and refusal to take responsibility for actions.

Our evidence based approach provides a comprehensive, positively focused treatment environment. Students participate in individual, group, and family counseling, substance abuse counseling, classroom academic(s), challenging outdoor experiences, and family visits. Licensed, masters level therapists develop individualized treatment plans for each student to address the specific behavioral and motivational problems that they are experiencing at home or in school.

Summit Wilderness (6-8 weeks): 4 days on expedition in the White Mountain National Forest, followed by 3 days on campus attending school is the schedule for this clinically oriented treatment program. Each week, students engage in challenging wilderness expeditions, classroom academics, and formal individual and group counseling. Weekly wilderness expeditions focus on self-esteem building, communication skills, and achievement of treatment goals. Between expeditions, students live in comfortable dormitories while attending Summit’s licensed school, earning their middle or high school credits.

Summit Semester (1-4 months): Summit Semester is an academically focused therapeutic program for students transitioning from wilderness programs. Summit Semester provides an effective, flexible length program for students requiring ongoing support and structure. Students earn credits through our Maine state certified school, covering the five major subject areas.

A complete range of psychological and psycho-educational testing/evaluation services are also available.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Maine, Department of Health & Human Services, Children’s Residential Facility; State of Maine Department of Education; Approved by SEVIS
Professional Affiliations: NATSAP-Full Member; AEE; OBHIC