

Uinta Academy

(Residential Treatment Center)

CONTACT

Phone: (435) 245-2600
 Executive Contact: Jeff Simpson, M.S., L.C.S.W.
 Admission Contact: Jeff Simpson, M.S., L.C.S.W.
 Russ Pryor, L.C.S.W., MBA
 Email: jsimpson@uintaacademy.net
 Fax: (435) 245-2605
 Address: P.O. Box 387
 Wellsville, UT 84339
 Website: www.uintaacademy.net



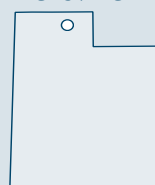
NATSAP

Member Since: 2004

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 - 19
 Grades: 7 to 12/Post Grad
 Enrollment: 52
 Duration: 12 - 18 months
 Founded: 2003

Wellsville



Airport: Salt Lake City

Uinta Academy is a small, very therapeutically intensive residential treatment /academic program licensed by the State of Utah Department of Human Services. Uinta Academy is located in one of the most beautiful and peaceful mountain valleys in the country. Uinta Academy has 4 campuses: two 16-bed Residential Treatment Centers, one 12-bed Integrated Transitional/Independent Living Program, and an Integrated 18-year-old Program. The girls receive psychiatric services, individual therapy, family therapy, group therapy, recreational therapy, and equine therapy. Uinta Academy uses a comprehensive Cognitive-Behavioral clinical approach and has an extremely effective milieu that focuses on building strengths, developing self-esteem, and teaching social, academic, and independent living skills.

Treatment occurs in a nurturing, positive, and family-style environment. Every girl participates in physical fitness activities at the local sports/fitness complex, Yoga, weekly recreational activities, and monthly explorations activities which include trips to Yellowstone, Jackson Hole, and Arches National Parks. Each girl gets her own horse for which she is responsible and the girls participate in weekly equine-assisted therapy and other equine activities. Uinta's Creative Expressions component uses the arts to enhance the girls lives and provide another medium for self awareness and artistic creativity. Students have access to numerous educational/recreational activities such as hiking, horseback riding, skiing, the cultural arts, service projects, gardening, and light farm chores.

The academic program is a fully accredited, year-round educational experience, where each girl has an individualized educational program that is tailored to meet her needs. Students who are behind are able to catch up to grade level. All classes are taught by state certified teachers. Elective courses include foreign languages, art, photography, and music instruction. Specialized education programs can be provided, such as study at the university level and vocational training.

Uinta Academy serves females, ages 12-19, who are experiencing emotional and behavioral problems, including but not limited to the following: Depression, Bipolar Disorder, Attention Deficit Disorder, Borderline Personality Disorder, Post-Traumatic Stress Disorder, Oppositional-Defiant Disorder, Asperger's Syndrome, substance/alcohol abuse, adoption/attachment issues, anxiety, eating disorders, low self esteem, self harm issues, and academic struggles including learning disabilities. Exclusion criteria include: violent tendencies, full scale IQ less than 80, adjudication.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC)

Professional Affiliations: NATSAP-Full Member