

Vista, RTC

(Residential Treatment Center)

CONTACT		PROGRAM OUTLINE	
Phone:	(801) 910-5901	Gender:	Coeducational
Executive Contact:	Matthew B. Checketts, Ph.D., L.C.S.W.	Ages:	13 to 17
Admission Contact:	Memory Dixon	Grades:	7 to 12
Email:	memorydixon@vistatreatmentcenters.com	Enrollment:	32
Fax:	(801) 250-8483	Duration:	6 to 9 months
Address:	8265 West 2700 South Magna, UT 84044	Founded:	1991
Website:	www.vistatreatmentcenters.com		



NATSAP

Member Since: 2003



Airport: Salt Lake City

Vista Adolescent Treatment Center is a residential treatment center committed to providing adolescents and their families with experiences that will enable them to realize the choices that have limited their growth and personal development. The program is specifically designed to help adolescents and their families go beyond their boundaries and overcome the limiting beliefs that have kept them from achieving their potential.

The adolescents at Vista range in age from 13 to 17 years and are comprised of both males and females who possess special emotional, psychological, and behavioral needs. While these adolescents are as unique and diverse as adolescents everywhere, they all possess one common denominator: they have a need for change, and their lives and must be provided with the appropriate environment to learn, practice, and internalize changes necessary for successful re-entry into their home, social, and educational settings.

We provide an alternative to expensive short-term hospital care by offering a quality, cost-effective, safe, and home-like environment. Vista is a caring, teaching, family-oriented system that allows adolescents and their families to begin to rebuild their lives. This approach provides a more appropriate length of stay in an intensive therapeutic environment to allow adolescents and their families to integrate, internalize, and solidify age-appropriate and effective coping skills. Our multi-disciplinary staff stresses heightened awareness of potential difficulties adolescents may encounter. The staff helps adolescents confront those challenges while currently identifying, confronting, and ultimately resolving those inner conflicts that have interfered with physical, emotional, and intellectual growth. Individual, family, group, and experiential therapy are all part of the Vista program aimed at cognitive and affective skill development, modifying current self-defeating behaviors, promoting interpersonal skills, and improving responsibility to self and others.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Day, Residential & Outpatient Treatment and Child Placing; Joint Commission; Northwest Association of Accredited Schools (NAAS)

Professional Affiliations: NATSAP-Full Member