

Wendigo Lake Expeditions

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(705) 386-2376, ext. 201	Gender:	Boys Only
Executive Contact:	Stephen Glass	Ages:	14 to 17
Admission Contact:	Abby Matchette, MSW	Grades:	9 to 12
Email:	admissions@wendigolake.com	Enrollment:	10
Fax:	(705) 386-2345	Duration:	Minimum 90 days
Address:	P.O. Box 2000	Founded:	1998
	Lot 4 Concession 9		
	Ballantyne Township		
	South River, Ontario P0A 1X0		
	CANADA		
Website:	www.wendigolake.com		



NATSAP

Member Since: 2006



Airport: Toronto or North Bay

Wendigo Lake Expeditions (WLE) operates a 10-bed residential adventure therapy program on a continuous basis plus 28-day summer wilderness expedition adventure therapy programs for single-gender groups of students. Wilderness expedition, challenge course activities, school, and interdependent responsibility and accountability within the group are core components of the programs.

WLE specializes in working with male adolescents ages 14-17 who present with a profile of behaviors typically including substance abuse, chronic family conflict, defiance towards adults/authority, depression, poor grades, lack of motivation, low self-esteem, negative peer relations, entitlement and manipulation and conflict with the law.

WLE (originally known as Project D.A.R.E.) has operated continuously since 1971 and is located three hours north of Toronto, Ontario, Canada (four hours from Buffalo, NY) on a well-kept campus on the edge of world-famous Algonquin Park.

WLE seeks to promote positive change and the learning of pro-social values and skills through a blending of experiential education and cognitive behavioral strategies to promote intense and accelerated learning in a safe and supportive environment. Student progress is measured based on the five core values of the program - Responsibility, Effort, Attitude, Community and Honor (REACH).

WLE provides action-learning experiences that promote the development of mind, body and spirit and enable participants to discover their capacity to achieve more than they thought possible. We are committed to the pursuit of excellence and ensuring that all our services operate in a manner which places the safety and security of participants, employees and community as our first priority.

WLE boasts an experienced management team with an average of eighteen years tenure at WLE/ Project DARE. The school program is operated under affiliation with the Near North District School Board. Masters level clinicians provide counseling and clinical oversight to the therapeutic program.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Ministry of Children and Youth Services, Children's Residential Services; Association of Experiential Education Accreditation

Professional Affiliations: NATSAP-Full Member; OBHIC; Outdoor Behavioral Healthcare Research Co-Operative; Ontario Camping Association