

Youth Care

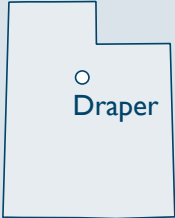
(Residential Treatment Center)

CONTACT		PROGRAM OUTLINE
Phone:	(800) 786-4924	Gender: Coeducational
Executive Contact:	Trina Packard, M.Ed.	Ages: 11 to 17
Admission Contact:	Kari Jacobson	Grades: 7 to 12
Email:	admissions@youthcare.com	Enrollment: 43
Fax:	(801) 553-7124	Duration: 115 days average
Address:	P.O. Box 909	Founded: 1989
	12595 Minuteman Drive	
	Draper, UT 84020	
Website:	www.youthcare.com	



NATSAP

Member Since: 1999



Draper

Airport: Salt Lake City

For over 20 years Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Pregnant teens, thought disorder, Insulin Dependent Diabetics, self injurious behaviors, reactive attachment disorder, Aspergers syndrome, substance abuse, anxiety, bipolar disorder, oppositional defiant disorder and running away. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that feature Youth Care, Independent Community Placement, and Day Treatment.

Our clinically intensive program features Master or Ph.D. therapists who provide three hours of individual therapy and one hour family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrist and nursing team. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers, and line staff are all trained to help students through a DBT approach.

Students attend school for a full school day where they are taught by Utah Certified teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving success at their home school including note taking, test taking skills, assignment tracking, and school appropriate behaviors.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest accreditation
Professional Affiliations: NATSAP-Full Member; Youth Care has Joint Commission Accreditation