



[Home](#) / [About Us](#)

About Us



Jenney Wilder, producer+founder and
Ruggles, chief barking officer

I built All Kinds of Therapy because families and individuals seeking any level of therapeutic intervention deserve the facts.

No jargon. No hype. No guessing games.

This platform was born out of my 15+ years working in the trenches with teens, young adults, and families in crisis, as an educational and therapeutic consultant in Washington, D.C., and Utah. I saw the same thing over and over again: families scrambling for answers at 2 a.m., googling blindly, unsure who or what to trust. Families who had hired professionals to support the process and system.

I created what I wish had existed back when I got started—a verified, transparent directory that cuts through the noise.

All Kinds of Therapy is located in Maine and was launched in Salt Lake City, Utah. Utah is a hub of the troubled teen industry and young adult treatment substance abuse industries due to its regulatory environment, dynamic geographical options, and history of industry pioneers.

AllKindsofTherapy.com is not a typical online directory. Here's how it works:

- Every logo on the website pays. This includes the **whole continuum of care**:
 - Assessment/Stabilization
 - Treatment Program
 - Sober Living
 - Transitional Living
 - Gap Year
 - Small Boarding School
 - Interventionist
 - Transport Provider
 - Therapeutic Consultant

All verified by a human (me).

- All the options pay to be on the platform. **They cannot pay more** to be at the top of a page.

Here's what you'll find on the site:

1.  **Blog:** All Kinds of Therapy's blog is not your typical "fluff". If you take the time to read through the various articles, you'll find a broad variety of AKoT and guest-authored blogs that truly serve families needing context and the particulars of adolescent wilderness programs. Or, for example, alumni [young adults](#) telling peers what they really can expect a place to be like. Or occasionally, relevant and fascinating research being published.
2.  **Experts:** This section is FULL of different types of professionals who work remotely or in-person to assist a parent or parents, a family, or your child. We strongly encourage anyone in this process to seek the guidance of telehealth/teleassessment, interventionists, educational consultants/therapeutic consultants, parent coaching, and transportation to treatment to best meet your child's unique situation. You can never ask too many questions of the professionals in the Expert section, having a connection & trust is key to the professional relationship.
3.  **Newsletters:** All Kinds of News is the quickest way to gain an understanding of the industry, hiring, growth, evidenced-based treatments, professional training, national accreditation, and so much more. The monthly newsletter also contains the most recent [jobs](#). [Register here](#).

4.  Side-By-Side Comparison: Just like you can for cars or computers, this website allows you to compare all the different treatment to transition, gap year options, or boarding schools. To use this feature, [just register for a FREE account](#). We never spam.
5.  Favorites: With your [free account](#), you can click to save your favorite treatment options for later review.
6.  Map: When you are looking for treatment to transition, your first thought as a parent is to have your child or young adult nearby! Therefore when you click on [Pre-Teens](#), [Teens](#), or [Young Adults](#), zoom in on the map in the lower left corner. Or use the filters to search by regions in some states. It is not always possible to access the specific model of treatment your family needs, but the perfect program may be very close by.
7.  Video: When you open an advertiser's page, if they have a video, it will silently autoplay. You can hear the audio when you click on the video.

[Jenney Wilder, M.S. Ed.](#) (she/her/hers) is the founder of All Kinds of Therapy. She is a former education consultant and therapeutic consultant and was practicing in Washington, DC at the School Counseling Group. Throughout her career, she has advocated for families and their children while visiting and collaborating with treatment programs throughout the United States. Her comprehensive examination of treatment options and continued assessment of enrolled clients within these programs resulted in the development of an extensive library of treatment program facts. [Jenney](#) recognized the opportunity for a dynamic, factual directory that families and industry professionals could rely upon as a starting point. She made the ethical choice in 2015 to close her consulting practice and create the only unbiased voice for parents, young adults, and providers seeking the facts about treatment and intervention options.

Please note: Because she provides All Kind of Therapy's information about programs and therapy and aftercare as an unbiased resource, Jenney has recused herself from consulting for any individual family and is focused on All Kinds of Therapy. Jenney nor this website endorses any particular program.

[Jenney](#) is available for comments on the industry as a whole, mental health and substance abuse, and recovery. She can be reached at jw@allkindsoftherapy.com or [202-630-2563](tel:202-630-2563).

Articles and media:

- Demystifying Wilderness Therapy, Will White, [Episode 158 + season sponsor](#)
- iHeartRADIO, Play it Forward with Arroe Collins, [Episode 65](#)
- iHeartRADIO, Play it Forward with Arroe Collins, [Episode 45](#)
- Hope Stream, Brenda Zane, [Episode 20](#)

- Wilderness Therapy & Residential Treatment Journey, [Season 2, Episode 1](#)
- The Ema O Show, [Season 1, Episode 3](#)
- In the Trenches, with Andrew Taylor, [Episode 15](#)
- Demystifying Wilderness Therapy, Will White, [Episode 4](#)
- [2020 Media Highlights](#)

Important:

Each of the detailed ads on this website is maintained by that particular program or school administrator. They are paid advertisements.

As a consumer of such content, it is imperative that you verify that each treatment provider is precisely what they state they are on this website; this can usually be made apparent with a site visit, contracting with a therapeutic expert, or even through dogged examination with your Admissions counselor.

For further information, please read the [Terms of Service](#) that you agree to as a visitor to All Kinds of Therapy.

Subscribe to All Kinds of News

Subscribe



Pre-Teens

[Accreditation](#)
[Insurance](#)
[Intensive Outpatient/IOP](#)
[Partial Hospitalization/PHP](#)
[Psychiatric Hospital Assessment](#)
[Residential Treatment](#)
[Transitional Living](#)
[Wilderness Therapy](#)

Teens

[Accreditation](#)
[Boarding Schools](#)
[Gap Year](#)
[Insurance](#)
[Intensive Outpatient/IOP](#)
[Partial Hospitalization/PHP](#)
[Psychiatric Hospital Assessment](#)
[Residential Treatment](#)

Workshops
List your Program

Sober Living House
Transitional Living
Wilderness Therapy
Workshops
List your Program

Young Adults

Accreditation
Gap Year
Insurance
Intensive Outpatient/IOP
Partial Hospitalization/PHP
Psychiatric Hospital Assessment
Residential Treatment
Sober Living House
Transitional Living
Wilderness Therapy
Workshops
List your Program

More

About Us
Blog
Contact Us
Dictionary
Economic Impact Study
Experts
FAQ
Free Resources
Jobs
Become a Partner
Partner Pricing
News