

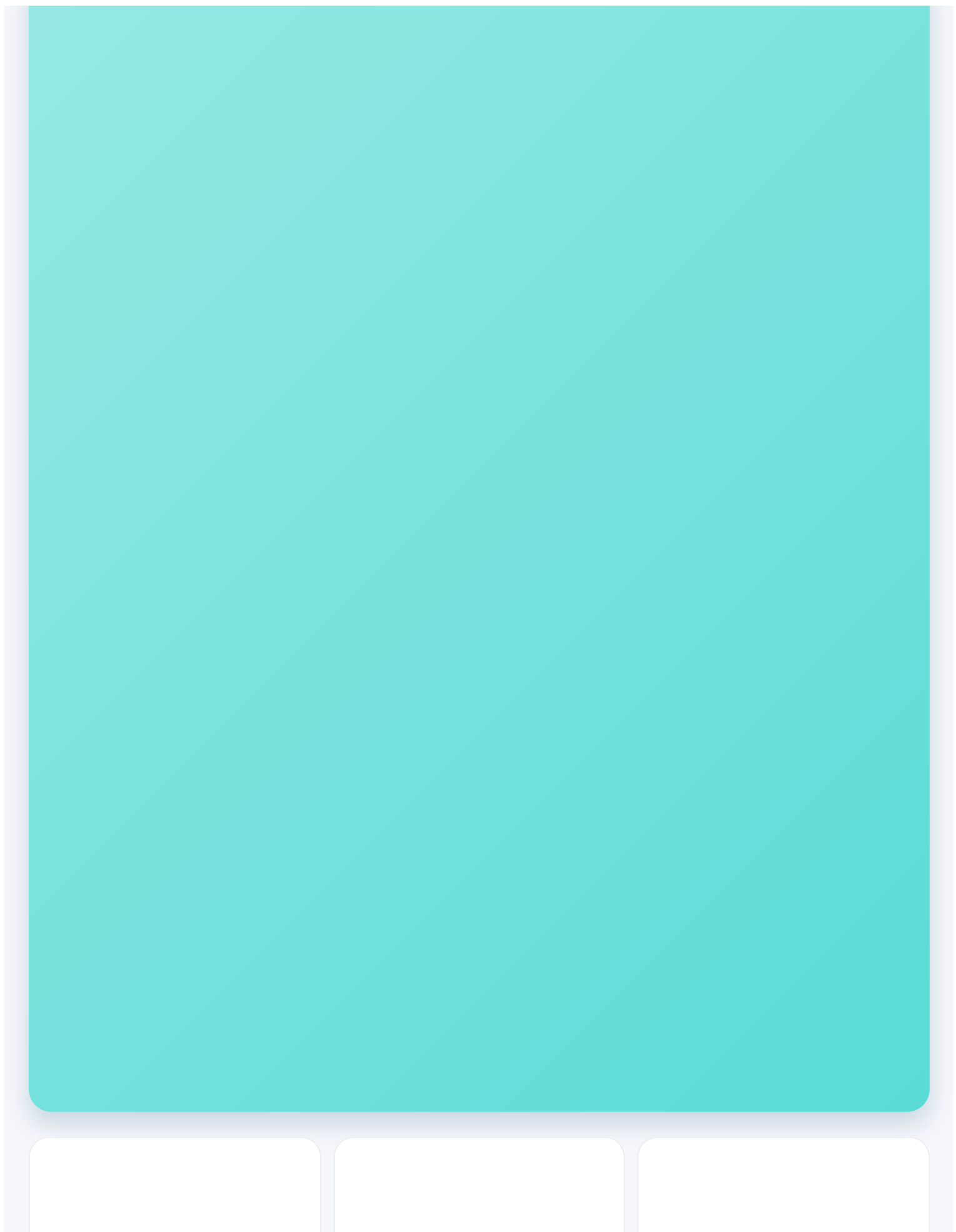


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Teens · Young Adults

📍 Black Mountain, NC



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Teens · Young Adults

📍 Los Angeles, CA



Community West

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📍 Gooding, ID



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📍 Lake Placid, NY





Elevations RTC

Teens



GROVE SCHOOL

Grove School

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GATEWAY
YOUNG ADULT LIFE SKILLS

Beach Cities Gateway

Teens · Young Adults



Pacific Quest

Teens · Young Adults

📍 Hilo, HI



Pure Life Adventure

Teens · Young Adults

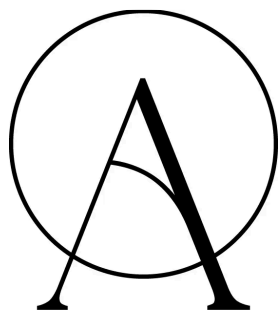
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since 1947

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📍 Hanover, MA



Ascend Healthcare

Teens

📍 Los Angeles, CA



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📍 Syracuse, UT



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📍 Washington, UT



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Teens

📍 Stow, ME



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Pre-Teens · Teens · Young Adults

📍 Clayton, GA



True North Evolution

Teens · Young Adults

📍 Waitsfield, VT



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Chrysalis Therapeutic Boarding School

Teens

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Wellspring & Arch Bridge School



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📍 Seymour, CT



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Teens · Young Adults

📍 Monroe, LA



The Pines at Shrub Oak International School

Pre-Teens · Teens · Young Adults

📍 Mohegan Lake, NY



Pre-Teens · Teens · Young Adults

📍 Bethlehem, CT



Live Strong House

Teens · Young Adults

📍 Syracuse, UT



Telos Programs

Teens · Young Adults

📍 Orem, UT



Teens

📍 South Jordan, UT



Cherokee Creek Boys School

Pre-Teens · Teens

📍 Westminster, SC



Uinta Academy

Teens · Young Adults

📍 Wellsville, UT





ANASAZI Foundation



Aerie Healthcare ~ PHP + IOP



New Haven Residential Treatment Center



Optimum Performance Institute | OPI
Houston

Teens · Young Adults

Needville, TX



Skyland Trail

Teens · Young Adults

Atlanta, GA



Crossroads Academy

Teens · Young Adults

Ogden, UT



Solstice West RTC

Teens

Layton, UT



Valley View School

Pre-Teens · Teens

North Brookfield, MA



Align Adolescent Recovery

Teens

Huachuca City, AZ





OXBOW
ACADEMY

Oxbow Academy

Teens

📍 Mount Pleasant, UT



THREEPEAKS
ASCENT

ThreePeaks Ascent

Teens

📍 Enterprise, UT



DISCOVERY
RANCH

Discovery Ranch

Teens

📍 Mapleton, UT



DISCOVERY RANCH
SOUTH

Discovery Ranch South

Teens

📍 Cedar City, UT



RedCliff Ascent
WILDERNESS THERAPY PROGRAM

RedCliff Ascent

Teens · Young Adults

📍 Pine Valley, UT



OASIS

OASIS Ascent

Teens

📍 Millcreek, UT



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Pre-Teens · Teens · Young Adults

📍 Lafayette, CO



Vive Adolescent Care

Pre-Teens · Teens

📍 St. George, UT



HORIZON
RECOVERY

Horizon Recovery LLC

Teens · Young Adults

📍 Glendale, AZ



ATC RETREATS, Alter the Course

Teens · Young Adults

📍 Malibu, CA



Free Spirit Experience | Israel

Teens · Young Adults

📍 kibbutz Hazorea, Israel



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Second Nature Therapeutic Wilderness
Program

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Lafayette, CO

Youth Care Inc.
Draper, UT

Roots Renewal Ranch | BrentCare
Behavioral Care
Argyle, TX

Dynamy

Worcester, MA

Benchmark Transitions

Muir Wood | Teen Dual-Diagnosis &
Mental Health Treatment Throughout CA
Peteluma, CA

Sedona Sky Academy
Rimrock, AZ

Rooted Life Adventures | Supportive
Gap Year
Dallas, TX

Avery's House | BrentCare Behavioral
Care
Apache Junction, AZ

ROOTs Transition | Utah
Park City, UT

Galen Hope | Coral Gables & Delray
Beach
Coral Gables, FL

Divided Sky
Ludlow, VT

Chamberlain International School
Middleboro, MA

Foundation House | Maine
Portland, ME

Clearfork Academy Fort Worth, TX	Elevate Academy at Heritage Schools Provo, UT	Visions Teen Treatment Center Calabasas, CA
Mountain Valley Treatment Center MVTC Plainfield, NH	Moonridge Academy Cedar City, UT	Pavillon Mill Spring, NC
Aspen Network Orinda, CA	Lindner Center of Hope Mason, OH	Turn-About Ranch Escalante, UT
The Glenholme School — Devereux Advanced Behavioral Health Washington Depot, CT	The Ranch at Dove Tree Lubbock, TX	Keswick School Keswick, VA
Right Choice Recovery Dayton, NJ	Hickory Trail Hospital UHS DeSoto,, TX	Family First Adolescent Services BrentCare Behavioral Health Palm Beach Gardens, FL
Evolve Adolescent Behavioral Health El Segundo, CA	TaraVista Behavioral Health Devens, MA	Ascend Healthcare Boulders Colorado Erie, CO
Evoke Therapy Programs CLOSED Santa Clara, UT	Velocity Health Group Marshfield, MO	Paradigm Treatment - Teen & Young Adult Mental Health Treatment
Logan River Academy Logan, UT	College Internship Program CIP FL, CA, MA Lee, MA	Hopewell Therapeutic Farm Community Middlefield, OH
Capstone Treatment Center Judsonia, AR	BNI Treatment CA	Claudia Black Young Adult Center Meadows Behavioral Healthcare
Sandhill Center Los Lunas, NM	Transcend [New York] New York, NY	New Life House Los Angeles, CA
The Family Intensive Institute	Intermountain Helena, MT	Gateway Academy Utah Draper, UT
The Arrow House Orange, CA	Mare's House CLOSED	Building Bridges

The Dorm
New York, NY

Key Healthcare
Los Angeles, CA

A Mission for Michael
San Juan Capistrano, CA

Provo Canyon School

MiraVista Behavioral Health Center
Holyoke, MA

Hope Street | UT
Cedar City, UT

Integrative Interventions | Texas & Idaho
Hayden, ID

Silver Hill Hospital | CT | NYC
New Caaan, CT

Kiwi Recovery ~ IOP & Psychiatric Day
Treatment
MA

Finding You Therapy Program
Salt Lake City, UT

SunCloud Health
Northbrook, IL

🍁 Maple Lake Academy for Boys 🍁
Spanish Fork, UT

Kiva Adventure Ranch

BrightQuest Treatment Centers | CA | TN
Mesa, CA

Wasatch Crest Recovery
Park City, UT

Selah House
Anderson, IN

Polaris Teen Center | CLOSED
Tarzana, CA

Willow Manor
Sacramento, CA

The Lodge at Oxford
St. Paul, MN

Sustain Recovery
Irvine, CA

Westbridge
Manchester, NH

Passages Alaska Wilderness Therapy |
CLOSED
Klawock, AK

Compass Rose Academy | Texas
San Antonio,, TX

The Menninger Clinic | Adolescent |
Young Adult |
Houston, TX

Reset Boston
Somerville, MA

Sunflower Hill
Livermore, CA

Aloft Transitions
Eagle, ID

Camp Worth
Fort Worth, TX

Wasatch Canyons Behavioral Health
Campus
Salt Lake City, UT

whipporwill
Asheville, NC

Align Treatment Center
Escondido, CA

Rogers Behavioral Health Miami &
Tampa
Miami, FL

Westport Turnbridge
Westport, CT

Pine River Institute | Canada

The Guest House

Where There Be Dragons

Toronto, Canada

Pinnacle Recovery

Holladay, UT

The Practice at Silver Hill

New Canaan, CT

Silver Springs, FL

Stetson School

Barre, MA

Trailhead Parent Support

Park City, UT

Boulder, CO

Turning Winds Academic Institute

Troy, MT

The Retreat at Sheppard Pratt

Baltimore, MD

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Thousand Oaks,, CA

BlueSky Behavioral Health

Danbury, CT

The Ridge

Milton, NH

Adolescent Growth

Van Nuys, CA

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Loa, UT

Willow Bend Recovery | Women Only

Walton, TN

Wings Recovery

Carlsbad, CA

ARCH Academy | Nashville, TN

Kingston Springs, TN

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Frederic, WI

Antedote Lab

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Meristem

AdventureEXP

Denver, CO

Toledo Center for Eating Disorders

Sylvania, OH

Alpha Behavioral Health | Austin, TX

Austin, TX

Vivid Safehouse

SLC, UT

TLC Children and Family Services

Sebastopol, CA

1 Method Center

Los Angeles, CA

Trauma & Beyond Psychological Center | PHP & IOP

Sherman Oaks, CA

Spark Academy

Provo, UT

Accord

Arlington, MA

Kolob Canyon-RTC

New Harmony, UT

SOAR

Balsam, NC

Eating Recovery Center / Pathlight Mood & Anxiety Center

Northbrook, IL

Yellowstone Boys and Girls Ranch

Billings, MT

La Amistad Behavioral Health Services

Maitland, FL

all kinds OF THERAPY

Pre-Teens

Teens

Accreditation

Insurance

Intensive Outpatient/IOP

Partial Hospitalization/PHP

Psychiatric Hospital Assessment

Residential Treatment

Transitional Living

Wilderness Therapy

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Sandstone Care

Denver, CO

The Launch Pad | SLC

Salt Lake City, UT

Sabino Recovery - AZ

Tucson, AZ

True North Treatment Center

Reno, NV

Jobs
Become a Partner
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Youth for Tomorrow

Bristow, VA

Windhorse Community Services

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Villa Kali Ma

Carlsbad, CA

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Find the Right Therapeutic Program for Your Teen

Choosing the right program for a teen facing behavioral, emotional, or mental health challenges can feel overwhelming. All Kinds of Therapy was built to make this process clearer, more transparent, and easier to navigate.

On this page, you'll find a wide range of licensed day and residential treatment centers, and transition programs specifically designed for teens. Each listing includes details about approach, accreditation, and location so you can compare options side by side.

Unlike general directories, our platform is 100% focused on treatment programs. Every program listed here is required to provide verifiable details about ownership, staff, licensing, and treatment model—so families have the information they need to make an informed decision.

Use the filters to narrow your search by state, treatment approach, or program type, and explore the options that best fit your teen's needs.

Why Trust Us?

For over two decades, we've been helping families find the right treatment programs for their teen. Our comprehensive database is carefully curated, featuring only verified programs that meet our

quality standards. We're an independent resource committed to providing honest, helpful information to guide your decision.

Frequently Asked Questions

What age range do teen programs typically serve?



What types of challenges do teen programs address?



What levels of care are available for teens?



How do I know which level of care is appropriate?



Is family involvement included in teen programs?



Can teens continue school while in treatment?



What happens after a teen completes a program?

