ANASAZI Foundation

(Wilderness Program)

CONTACT

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NATSAP
Member Since: 2002

PROGRAM OUTLINE

Gender: Coeducational
Ages: Youth (12-17), young adults (18-25)
Grades: 8 to 12
Enrollment: 40
Duration: 42 days minimum
Founded: 1988



Airport: Phoenix

The mission of the non-profit ANASAZI Foundation is to prepare parents and children to turn their hearts to one another and walk in harmony in the wilderness of the world.

ANASAZI Foundation's Joint Commission-accredited behavioral health care services are effective for adolescents and young adults with mood disorders, behavioral concerns, attachment disorders and/or adjustment difficulties. Treatment addresses depression, anxiety, oppositional behavior, substance abuse, relational problems, school failure, self-harming behaviors (eating disorders, cutting, suicidal ideation, etc.), poor social skills, lack of motivation, entitlement, and other issues related to a lack of self-regulation and moral identity.

Youth and young adults whose parents are willing to play an active role in treatment are more likely to achieve the desired outcomes. Parents participate in an admissions-day orientation; attend a relationship workshop; consult weekly (via phone or in person) with their child's therapist; and join their child in the wilderness for the final two nights/three days of the program.

ANASAZI also encourages the consideration and exploration of the spiritual component of one's life as a part of treatment. The choice to include spirituality is purely voluntary. ANASAZI does not endorse or favor a particular religion or belief system.

Founded by wilderness therapy pioneers Larry Olsen and Ezekiel Sanchez, the nurturing approach at ANASAZI summons introspection and personal responsibility—it powerfully invites a change of heart that promotes a lasting change of behavior. Treatment is individualized and provided by a licensed and credentialed staff specializing in child and adolescent psychology, marriage and family therapy, social work, nursing, and experiential education. Staffing ratios are 2:1, and group sizes range from 3-8. Outpatient, aftercare, and alumni services are available to support and sustain changes made while at ANASAZI. Fees may be covered by insurance, and financial aid is available for families in need. Admissions occur every week, year-round.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Joint Commission, Arizona Department of Health Services, Office of Behavioral Health Licensing, Level II Behavioral Health Care Provider
Professional Affiliations: NATSAP-Full Member; OBHIC; NSC