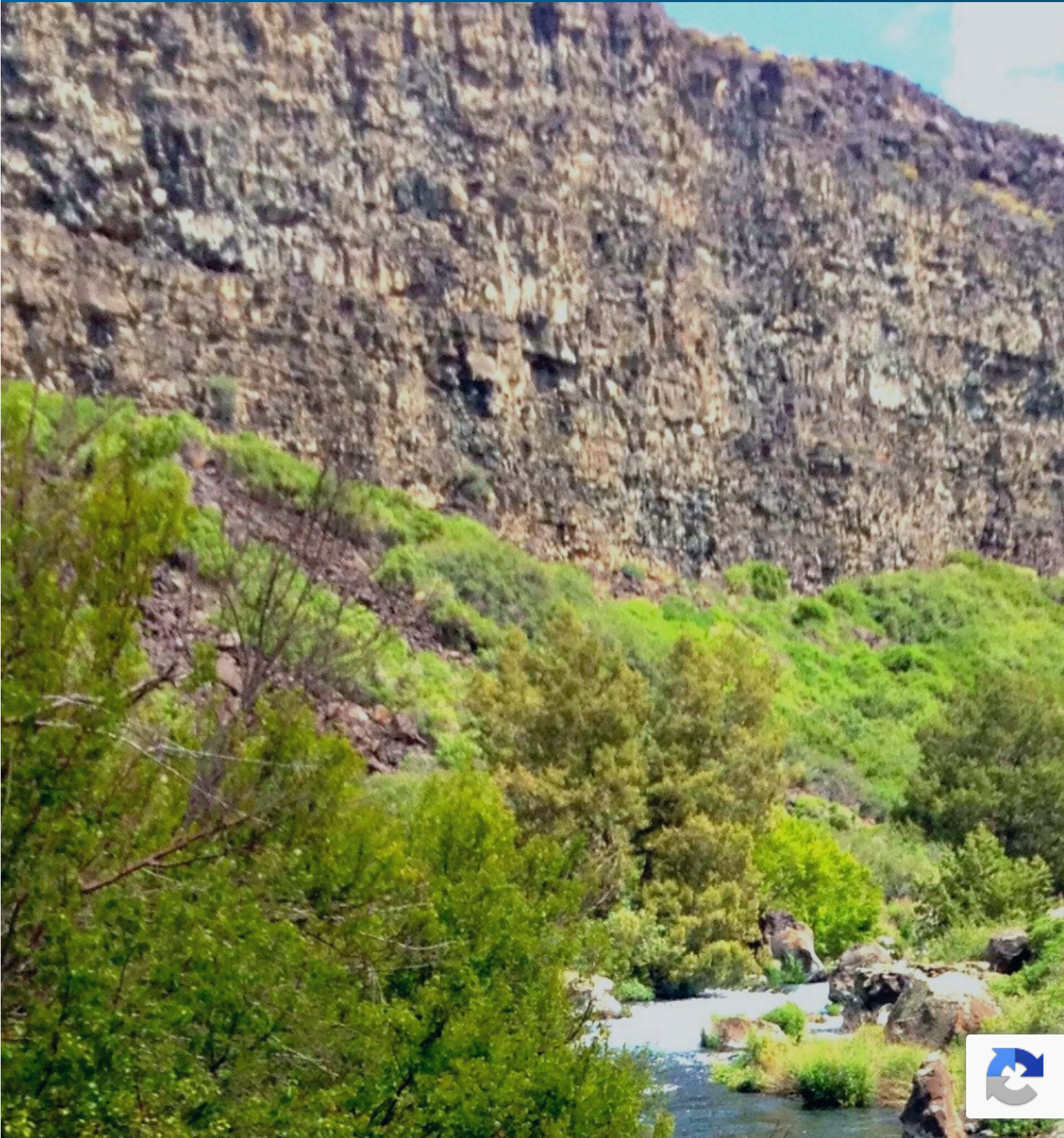




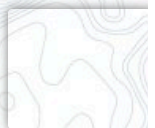
EMPOWERING YOUTH
HEALING FAMILIES

Welcome



What is blueFire Wilderness Therapy?

blueFire Wilderness is an outdoor therapy
program for youth ages 11-28. blueFire



combines clinical expertise, wilderness,
and adventure therapy, providing an
approach to treatment that produces



challenges to become the best versions of
themselves. We create a healing journey
for families to reconnect and work
together towards change.

Learn More 



What makes blueFire Wilderness Therapy unique?





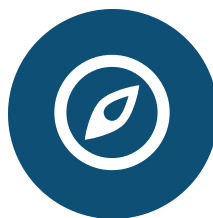
Twice the Clinical Therapy

Therapists are in the field with clients at least **4 days per week**, with individual therapy 2 times per week and therapist-led group therapy 4 times per week.



Comprehensive Family Work

Our family systems model heals the entire family system through weekly parent therapy, consistent family therapy, skill-building workshops and seminars, and supportive parent groups.



Adventure Therapy



Challenge-by-choice guided adventures
support skill-building, group bonding,
and offer healthy alternatives to unhealthy



Base Camps

Heated yurts with sleeping cots and a camp offer stability in cooler months, and individual tents during the summer months build adaptability. Weekly hot showers year-round.



Weekly Equine Therapy

Clients build healthy relationship skills and learn safe nonverbal communication through certified equine therapy.





Academic Credit

blueFire Wilderness offers up to 3.5 credits
for middle school and high school.



In-Field Video Technology

Families can connect through video
journals and video conferencing for family
therapy sessions in the field.



Safety

Physical and emotional safety is our top priority! We meet or exceed safety regulations set by the Idaho Dept. of Health and Welfare.

[See Why Families Choose blueFire](#)

See How blueFire makes a difference for families

Family involvement is essential to healing and growth. At blueFire, we work with the entire family to create lasting change. Through weekly parent-therapist calls, family therapy sessions, and supportive parent groups, families gain the tools they need to grow together. Learn more about our family-focused approach and how we support every step of the journey.

[Discover More >](#)

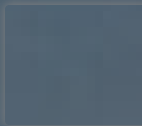
Take the first step toward healing.

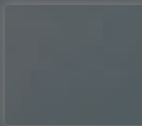
Start your family's journey today.

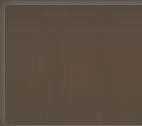
Call Now

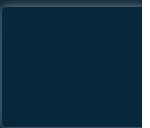


Who We Help









Testimonials

I have come light years in self-regulation. I can stay calm and remain assertive even when others are visibly anxious. I have also learned how to be a better leader, as my assertiveness has improved. This place has set me up to find my own success.



- Anonymous, Client

For me, sending my son to blueFire was a big leap of faith. It turned out much better than I could have ever hoped or imagined. I'm incredibly grateful for all of their work.



- Robert, Father

Jon is the best therapist I have ever encountered in my life. He is extremely knowledgeable, effective and is a large part of the reason for Niki's healing. He's a gem.



- Heather, Mother



[Read More >](#)



blueFire Vision

Life is a journey. Our comprehensive multi-faceted and clinical approach in the wilderness helps teens and their parents navigate this journey in a positive direction. We believe that through a balance of self-assessment, insight-oriented therapy, outdoor living, adventure activities, and academic focus these teens will find their true selves. We provide a supportive opportunity for parents and children to reconnect and strengthen their relationships.

[Meet Our Team >](#)

Wilderness Therapy and Adventure
Contact Us to Learn More

Admissions Questions



blueFire Admissions Questions

Interested in learning more about blueFire?



You may also call us directly at (844) 413-1999.

For your privacy: Please do not submit diagnoses, symptoms, medications, treatment history, safety concerns, medical records, insurance information, or other sensitive health information through this form.

First Name *(Required)*

Last Name *(Required)*

Email *(Required)*

Phone Number *(Required)*

Address

ZIP / Postal Code

I Am A... *(Required)*

—Please choose an option—▼

Preferred Contact Method

—Please choose an option—▼

Best Time to Reach You

—Please choose an option—▼

Where are you in the process?

—Please choose an option—▼

How Did You Hear About Us?

—Please choose an option—▼

Request Admissions Contact





blueFire Wilderness Therapy Program was formed by a group of seasoned professionals who have teamed up to become owners and operators of an innovative and comprehensive wilderness and adventure based program, based on tried and true traditional wilderness therapy concepts and the benefits of fun and challenging adventure activities. blueFire combines clinical expertise with recreation, equine, academic, psychological and medical experts to provide an unmatched approach to treatment to produce lasting and internalized change. Treatment plans for struggling teens are highly specialized. blueFire is the best wilderness therapy program with residential therapy and behavioral therapy for struggling boys and girls. Designed to restore young people struggling with issues such as: anger, oppositional defiant disorder (ODD), attention deficit disorder (ADD), substance abuse, depression, grief and loss, adoption, obsessive compulsive disorder (OCD), eating disorders, self-harm, or rebellion, just to name a few. Located in Idaho, we serve families from all over the U.S. Most of our parents and clients can come from California, Texas, Washington, Oregon, Illinois, Idaho, Colorado, Nevada, Georgia, Florida, Connecticut, Massachusetts, Maine, and Tennessee just to list a few. Several families also come to us from overseas.

Explore

[About Us](#)

[More Info](#)

[Careers](#)

[Day In the Life](#)

[FAQ](#)

[Blog](#)

Latest news

[Outdoor Adventures for Girls](#)

[Parent Support Groups](#)



youth, specifically designed for ages 11 to 17 located conveniently outside of Boise, Idaho. For young adults aged 18 to 28, we offer blueFire Pulsar, our specialized program that focuses on the unique needs of young adults.

Click here to learn more about our Young Adult program, **blueFire Pulsar**.

Accreditation & Membership

[Read OBHs Wilderness Therapy Safety Report](#)

[Why blueFire](#) [Treatment](#) [Safety](#) [Privacy Policy](#)