

Montgomery Program

Residential Facility



256-880-3339

[Careers](#)

Learn More

135 Mildred Street
Montgomery, AL 36104
Phone: [334-647-1780](tel:334-647-1780)

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Brighter Path Montgomery was established in 2013 as a residential treatment facility serving females in need of a secure environment and in need of intensive residential treatment services. The program has 20 intensive care beds licensed by Alabama Department of Human Resources. Emphasizing positive peer interaction to focus on healthy adolescent development, the treatment staff uses Guided Group Interaction (GGI) to provide comprehensive, challenging, and therapeutic services for adolescent females ages 12 to 18. The GGI approach emphasizes values and team building. GGI empowers residents to make changes by learning from each other, improves social skills, and helps them become positive leaders of their peers.

The program also employs the gender specific treatment model Girls Circle. By encouraging structure and an emotionally safe environment, the Girls Circle Model aims to increase girls' ability to make healthy connections as well as recognize and utilize their strengths. Also, the Montgomery program utilizes Cognitive Behavioral and Trauma-Informed Care approaches to provide individual, group, and family therapy, gender specific treatment services, recreational activities, substance abuse education, psycho-

educational groups, crisis intervention services, basic living skills, medical care, and educational services. The educational program is SACS accredited and offers all core subjects according to the Alabama Course of Study. Special education services are provided, which includes evaluations and development and monitoring of IEPs.

Important information regarding our health plan's [Machine-Readable Files \(MRF\)](#).

Programs/Services Offered

- Intensive Therapeutic Long-Term Program for Females ages 12 to 18
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Student Profile

- Females, ages 12 to 18 years old
 - Full-scale IQ 68 and above
 - Is impulsive/irresponsible
 - Is over sexualized/promiscuous
 - Denies and/or justifies negative behavior
 - Has problems with anger and aggression
 - Demonstrates a low degree of empathy and self-esteem
 - Lacks self-discipline
 - Exhibits poor coping skills
 - Is non-compliant with authority
 - Is amenable to a normative culture
 - Has gang involvement
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Whom Do We Serve?

Girls who have had a series of failed placements in outpatient treatments, residential programs or a series of psychiatric hospitalizations. The Montgomery program serves girls with behavioral and emotional issues, in need of medication monitoring, and comprehensive assessments. Many of our girls have experienced trauma, such as abuse of a physical, emotional, and/or of a sexual nature; which is addressed through the intensive treatment process. Many of the diagnoses served include: Conduct Disorder, Oppositional Defiant Disorder, Bipolar Disorder, Mood Disorder, Major Depressive Disorder, ADHD, Learning Disabilities, and Behavioral Issues.

For additional information or to make a referral, please
contact:

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Executive Director

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