Compass Rose Academy

(Residential Treatment Center)

CONTACT

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Member Since: 2014

PROGRAM OUTLINE

Gender: Girls Only
Ages: 14 - 18
Grades: 7 - 12
Enrollment: 10
Duration: 9 to 12 months
Founded: 2012



Airport: Fort Wayne Int'l Airport (FWA/KFWA)

Mission Statement:
Compass Rose is a Christ-centered organization committed to enriching the lives of children and families through emotional healing, personal development and spiritual growth.

Appropriate Candidates:
Our residential treatment center provides a positive, nurturing environment for teenage girls ages 14-18 struggling with depression, anxiety, ADHD or bipolar disorder with a variety of acting out behaviors including running away, drug use, risky sexual behavior, self-harm and defiance.

Overview of Services:
Compass Rose Academy's Growth Model is based on the work of psychologist and author Dr. John Townsend, Ph.D. In addition to addressing symptoms with elements of therapy models such as Cognitive Behavior Therapy (CBT) and Dialectical Behavior Therapy (DBT), Compass Rose Academy's clinical program features a major emphasis on affect-based approaches that utilize the central role of experience in the therapeutic healing process. Based on advances in affective neuroscience, these corrective experiences in therapy create new neurological pathways that reinforce new ways of being and relating, leading to changes that are deeper and longer lasting.

Clinical services include individual, group, and family therapy, in addition to quarterly Intensive Parent Weekends. Our highly active schedule includes equine-assisted growth and learning group, community service, work experience sites when appropriate, spiritual life activities such as youth group, and a wide variety of activities and recreation. Our on-campus recreation facilities include a women's fitness center, two indoor gymnasiums, an indoor pool and outdoor activity fields including two softball fields.

Compass Rose Academy offers a comprehensive educational program through its partnership with the Metropolitan School District of Wabash County. The Metropolitan School District of Wabash County operates an on-campus school, White's Jr./Sr. High School, that is fully accredited by the Indiana Department of Education.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *Indiana Department of Child Services;Council on Accreditation*
Professional Affiliations: *NATSAP - Associate Member; Independent Small Programs Alliance; National Association of Christian Child and Family Agencies; Christian Leadership Alliance*