



Seven Stars Helps Struggling California Teens Find Success

The journey into adulthood rarely occurs without a few bumps along the way. Fortunately, Seven Stars, a leading [residential treatment center](#) for young people on the autism spectrum, can help California teens overcome their struggles.

Although Seven Stars is located in Utah, outside of California, we help teens from all over the country.

At Seven Stars, California teens are more than simply a diagnosis. Students who enter the Seven Stars program are assessed through a variety of tests to ensure the best treatment possible. By examining each student individually, Seven Stars can tailor the program to meet each teen's needs and develop a personalized experience. As a [residential treatment center](#), Seven Stars works to make the stay fun, educational, and unique for every student.



No two mental health challenges or teenage struggles are the same. At Seven Stars, treatment begins with the student. A focus on [positive psychology](#) helps build on a child's strengths as opposed to preying on their weaknesses. A [residential treatment center](#) guides teens toward self-discovery and encourages exploration of new passions. With Seven Stars' assistance, struggling California teens can find new interests, learn new skills, and ultimately figure out who they truly are.

The Seven Stars mentoring approach uses every student's natural motivation to help them find success. Instead of attempting to frighten students into fitting a mold, Seven Stars allows struggling teens to lead their own recovery process.

SEVEN STARS CAN HELP. CALL US TODAY AT 844-601-1167

The Seven Stars Approach to Healing California Teens

What makes Seven Stars a different kind of **residential treatment center** for teens on the autism spectrum? The answer is, simply, everything. At Seven Stars, no two days are the same. California teens experience a wide range of fun activities that teach vital life skills by example. For instance, one day may include rock climbing and canoeing, while another could mountain biking or skiing. These activities involve invaluable life lessons including teamwork and communication. California teens work together to overcome obstacles. Naturally, since all these activities are part of the **residential treatment center**, they are overseen by **highly trained staff** in order to guarantee safety and to help teens work as a unit to achieve their goals.

State-of-the-art facilities help California teens feel at home during their time at Seven Stars. Through the program, teens simultaneously learn how to better work with others and how to become more self-reliant and confident. With Seven Stars, struggling California teens can truly heal.



Located in Utah, Seven Stars accepts students from California and all over the United States. Seven Stars helps teens 13-17 overcome struggles whether caused by a neurodevelopmental disorder, a learning disorder (verbal or non-verbal), or another issue. For more information on how Seven Stars can help California families, call **844-601-1167** today!

Resources for California Families Seeking Help

NAMI Self-described as a grassroots mental health organization, the National Alliance on Mental Illness dedicates itself to bettering the lives of those with mental illness. The website provides numerous links describing various types of mental illness, warning signs, and ways to join a community. The website also provides links to reach out to local help.

Psychology.org Designed by mental health experts for mental health experts, Psychology.org is less a resource for everyday users as it is a hub for professionals to exchange information or for those interested in the industry to learn more about the

various branches of mental health. The latest research and specializations can be found [here](#).

Who does Seven Stars help?

Seven Stars helps California teens in a Residential Treatment Center setting who are struggling with issues similar to those below:

- Academic Failure
- Developmental Immaturity
- Anxiety
- Social Difficulties
- Technology Addiction
- Academic Difficulties
- Substance Use
- School Refusal
- Autism
- Family Problems
- Sensory Issues
- Anxiety
- Sensory Issues
- Rigidity
- Aspergers
- Mood Disorders



SEND YOUR CHILD TO SEVEN STARS
AWAY FROM HOME?

[LEARN MORE](#)

Seven Stars Helps Families From California

Seven Stars helps California families from cities and towns like: Atherton Los Altos Hills Hillsborough Portola Valley Belvedere Rolling Hills Woodside Beverly Hills Montecito Hidden Hills

What Makes SEVEN STARS Unique?



ADVENTURE THERAPY

- At seven stars, students participate in off campus activities which provides opportunities for meaningful challenges and learning opportunities. During these activities, we see substantial growth in social skills, and student's ability to branch outside of their comfort zone and try new things. Adventure therapy is intended to be fun, challenging, and most of all therapeutic for the students.



FAMILY CONNECTIONS

- Family plays an extremely important part of students growth. We include family every step of the way, from the moment parents first contact us. Seven Stars encourages families to attend one of our Family Workshop weekends, which is a great opportunity for family therapy sessions and to participate in recreational activities together. These Family Workshops help rebuild family relationships and keep families connected during their child's journey at Seven Stars.



ASSESSMENT

- Each of our students receive clinically advanced, comprehensive assessments. Through these assessments, we are able to find each student's strengths and build upon them to make each as successful as possible. All child assessments are optional and are only administered upon parent request. With or without child assessment, we work with parents to create the best plan for their individual child's needs.

For more information on how Discover Seven Stars can help your child please call 844-601-1167



Some examples of cities from California which may have families who may be interested in Seven Stars include: Los Angeles San Diego San Jose San Francisco Fresno Sacramento Long Beach Oakland Bakersfield Anaheim Santa Ana Riverside Stockton Chula Vista Irvine Fremont San Bernardino Modesto Oxnard Fontana Moreno Valley Huntington Beach Glendale Santa Clarita Garden Grove Oceanside Rancho Cucamonga Santa Rosa Ontario Elk Grove Corona Lancaster Palmdale Salinas Hayward Pomona Escondido Sunnyvale Torrance Pasadena Orange Fullerton Thousand Oaks Visalia Roseville Concord Simi Valley Santa Clara Victorville Vallejo Berkeley El Monte Downey Costa Mesa Carlsbad Inglewood Fairfield San Buenaventura (Ventura) Temecula Antioch Richmond West Covina Murrieta Norwalk Daly Burbank Santa Maria El Cajon San Mateo Rialto Clovis Jurupa Valley Compton Vista Mission Viejo South Gate Vacaville Carson Santa Monica San Marcos Hesperia Westminster Redding Santa Barbara San Leandro Chico Hawthorne Whittier Newport Beach Livermore Citrus Heights Tracy Indio Alhambra Menifee Chino Buena Park Hemet Redwood Merced Lakewood

Recent Blogs

- [Star 7: Self-Care](#)

“Be enough for yourself first; the world can wait its turn.” Self-care is a vital component of everyday life, essential for our physical health, mental well-being, and the quality of our relationships. It involves simple yet impactful activities like practicing hygiene, eating well, and keeping our living spaces clean. These acts of... [Read more »](#)

Source: Discover Seven Stars | Published: May 22, 2024 - 3:35 pm

- [Seven Stars Joins EOSIS Utah: Neurodevelopmental Specialty Care Continues Under New Organizational Partnership](#)

Seven Stars Joins EOSIS Utah: Neurodevelopmental Specialty Care Continues Under New Organizational Partnership Strengths-based residential treatment program for adolescents with ASD and neurodevelopmental disorders becomes part of EOSIS Utah. Seven Stars, a residential treatment program for adolescents of all genders ages 13–17 specializing in autism spectrum disorder, neurodevelopmental disorders, executive functioning deficits,... [Read more »](#)

Source: Discover Seven Stars | Published: July 6, 2026 - 7:33 pm

- [Star 6: Accountability](#)

“Peace comes from within. Do not seek it without.” – Gautama Buddha When our students arrive at Seven Stars, they enter a period of self-improvement. Our staff help wherever they can to

support students in overcoming obstacles in their lives. Through team collaboration and direct communication with each student, we build... [Read more »](#)

Source: Discover Seven Stars | Published: May 8, 2024 - 3:16 pm

Contact Us

Admissions Questions

Complete this form and a member of our admissions team will contact you via email with a link to schedule a call. If you don't see the email right away, please check your spam folder.

You may also call us directly at [\(844\) 601-1167](tel:8446011167).

For your privacy: Please do not submit diagnoses, symptoms, medications, treatment history, safety concerns, medical records, insurance information, or other sensitive health information through this form.

First Name (Required)

Last Name (Required)

Email (Required)

Phone Number (Required)

Address

ZIP / Postal Code

I Am A... (Required)

—Please choose an option—

▼

Preferred Contact Method

—Please choose an option—



Best Time to Reach You

—Please choose an option—



What best describes where you are in your search?

I'm beginning to explore residential treatment options



How Did You Hear About Us?

—Please choose an option—



Please note, Seven Stars is a private pay facility and is out of network with all insurance. Interested families may utilize a third party company to help with insurance reimbursement.

Request Information

Accreditations and Membership



S.E.V.I.S.
Student and Exchange Visitor Information System



all kinds
OF THERAPY



NATSAP

Learn more about Seven Stars

CONTACT US

ABOUT SEVEN STARS

Seven Stars, a program within the Elevations Residential Treatment and Educational Center, licensed to provide services for adolescents of all genders, ages of 13 and 17 who struggle with neurodevelopmental disorders, autism spectrum disorder, executive functioning deficits, and learning issues. Seven Stars bases its therapeutic environment on a strengths based relational and social learning model. The Seven Stars program includes a highly professional, therapeutic program, teacher-led academics, therapeutic recreation activities, and individual, family, and group psychotherapy as well as on-site medical and psychiatric services available to all students. This unique treatment model helps students build social skills development, life skill building, community activities, academic development, and behavioral shaping. Seven Stars is located 30 miles north of Salt Lake City, Utah. [...]

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Recent Posts

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About Seven Stars

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Internet Addiction

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Teens

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