

Elevations RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Judi Jacques Admissions Contact: Tamra Foy Academic Contact: Ryan Mortensen Email: admissions@elevationsrtc.com Phone: (801) 773-0200 Fax: (801) 784-9085 Address: 2650 West 2700 South Syracuse, UT 84075 Website: www.elevationsrtc.com	Gender: All Genders (non-binary) Ages: 13 - 18 Grades: 8 - 12 / College Prep Enrollment: 70 Duration: 8 - 10 months Founded: 2014
NATSAP Member Since: 2014	 Syracuse
	Airport: Salt Lake City, UT (SLC)

Elevations provides an intensive, highly professional, therapeutic program utilizing an interdisciplinary approach. Our program includes; college preparatory academics, therapeutic recreation activities, and individual, family, and group psychotherapy. On-site medical/psychiatric services are also available to all students.

Students may be experiencing issues such as depression, anxiety, attention challenges, mood disorders, negative relationships, academic difficulties, history of trauma, substance use, impaired daily functioning, and other associated psycho-behavioral concerns.

Students are housed in small single gender therapeutic communities which allow for student mentoring, team accountability and peer oriented social development. Unlike dormitory living, the school setting is coeducational to provide students with a more traditional high school experience. All classes are taught by teachers who are credentialed in their subject area. Our class size averages 8-12 students allowing for more individualized instruction and support.

Our clinical philosophy is based upon Systemic, Relational, and Social Learning theories. Within the integrated framework of these three theories, the treatment team at Elevations individualizes treatment based on the family's needs. The clinical care provided relies on Evidence Based Practices which are well-documented, effective approaches to treatment. Individual, group, and family therapy are provided by masters or doctoral level clinicians. Our clinical program includes 25+ hours of weekly clinical/therapeutic services, expertise in ADHD & Executive functioning, Trauma work utilizing EMDR and Trauma-Focused CBT, Substance Use, Dialectical Behavioral Therapy, and Art Therapy. Elevations offers 6-8 on-site Parent Seminars per year.

Our Therapeutic Recreation Services address the adolescent's need for physical, emotional, and mental outlets through structured physical fitness, outdoor education, experiential education, community service learning, and leisure education opportunities. These activities are intended to support goals set forth by each student's treatment team. Regular consultations with the clinical team and medical staff ensure that student's needs are being met along with a high standard for safety in all activities.

Accreditation, Licensure: Joint Commission; Utah Department of Human Services, Department of Licensure; Utah State Board of Education; Cognia; California Department of Education as a Non-Public School; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member, Association of Children's Residential Centers (ACRC)