Havenwood Academy, Inc.

(Residential Treatment Center)

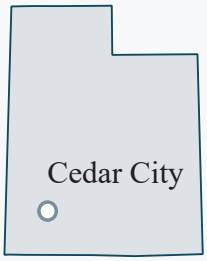
CONTACT

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NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 16
Duration: 1 year
Founded: 2014



Airport: Cedar City (CDC),
Saint George (SGU)

Havenwood Academy is a residential treatment center for girls from ages 12 to 18. Havenwood Academy is deeply trauma-focused and the majority of students are adopted. All have a significant trauma history. At Havenwood, relationships are the change agent. Therapy, groups, residential living, experiential interventions, and schooling are designed around the concept of attunement in relationship with others as a means of healing the traumatized brain.

Havenwood Academy provides a wide range of therapies custom designed for each student including individual, family, group, experiential and the informal therapy embedded within the residential component.

Havenwood Academy also provides equine therapy using the EAGALA model allowing students to develop a trusting relationship with a horse and thereby learn essential life skills such as communication, building trust and problem solving. Havenwood Academy also takes advantage of its location surrounded by National Parks and other natural wonders by involving students in outdoor activities such as rock climbing, hiking and other outdoor recreational activities. These activities have a clinical focus and are meant to safely increase stress but conclude with a successful outcome. Experiential therapies are the backbone of trauma related care.

While students are enrolled in Havenwood Academy, parents and family members are expected, where appropriate, to participate in weekly family therapy and to follow a program designed by Havenwood Academy and their individual therapists to create a better home environment to increase the chances of permanent and meaningful change for the student and the family.

Havenwood Academy is licensed by the Utah Department of Human Services, Division of Licensing and is accredited by the Joint Commission Behavioral Health. Havenwood (through its affiliate Havenwood Schools) is accredited by Cognia and provides a full range of accredited educational, remedial and career services.

Accreditation, Licensure: *Utah State Department of Human Services, Office of Licensing; Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member*