In Balance Ranch Academy

(Therapeutic Boarding School)

CONTACT		PROGRAM OUTLINE	
Phone:	(520) 722-9631	Gender:	Male Only
Executive Contact:	Patrick Barrasso	Ages:	14 to 17
Admission Contact:	Betsy Barrasso	Grades:	9 to 12
Email:	bbarrasso@inbalranch.com	Enrollment:	44
Fax:	(520) 722-9676	Duration:	12 months
Address:	6107 E. Grant Rd. Tucson, AZ 85712	Founded:	2004
Website:	www.inbalranch.com		

NATSAP

Member Since: 2007



Airport: Tucson

The In Balance Ranch Academy, based on the Twelve Steps of Alcoholics Anonymous and research-based relapse prevention models, is a high quality therapeutic boarding school for adolescent boys 14 – 17 years of age. In Balance Ranch Academy is located in beautiful southern Arizona, less than an hour from Tucson. Mountain ranges serve as a backdrop to a peaceful, desert landscape that promotes self-reflection and serenity. Our ranch provides young men with an experiential program that inspires self-evaluation, interpersonal discovery, personal responsibility, excellence in all endeavors, life-changing values of service, and, most importantly, recovery from chemical dependency.

The In Balance Ranch Community is committed to assisting each student and his family in the journey of recovery, sobriety, and academic achievement. We endeavor to facilitate healing in the individual and in the family, equipping them with the necessary tools to live a healthy, productive and joyful life.
The In Balance Ranch Academy program provides:

- A comprehensive integrated 12 Step Based Recovery Program
- An individualized academic program designed to ensure success
- College prep courses – SAT/ACT testing preparation
- College application counseling and assistance
- Individual, group, and family therapy
- Equine Assisted Therapy
- Family education and support
- Experiential learning –Horsemanship and Riding Program, Challenge Courses, Health, fitness and Nutrition instructions
- Leadership and motivational training
- Wilderness "Success" programs
- "Recovery through Service" projects
- Work Ethic – vocational training (i.e. carpentry, landscaping and other job skills)
- A positive peer culture
- Family Workshop Weekends three times a year

Counseling services provided by In Balance Counseling, Inc. which is licensed through the Arizona Department of Health Services, Office of Behavioral Health Licensing.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing, North Central Assoc. Commission
Professional Affiliations: NATSAP-Full Member