

Innercept

(Therapeutic Boarding School, Young Adult Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(866)616-7178 or (208) 665-7178	Gender:	Coeducational
Executive Contact:	David Melear, M.Ed.	Ages:	13 to 17, 18 to 24
Admission Contact:	Tara Jackson	Grades:	7 to 12
Email:	info@innercept.net	Enrollment:	52
Fax:	(208) 765-6972	Duration:	6 to 24 months
Address:	P.O. Box 1356 Coeur D'Alene, ID 83816	Founded:	2004
Website:	www.innercept.net		



NATSAP
Member Since: 2006



Airport: Spokane, WA

Innercept offers a continuum of programming for adolescence through young adulthood. Based on holistic principles, the program utilizes Integral Psychology to provide a balanced, on-going treatment approach compatible with each individual's aptitude and assets in mind. Programs include Adolescent Intensive, Adolescent Transition, Adolescent Stabilization, Young Adult Intensive, Young Adult Transition, Young Adult Stabilization, Young Adult Intensive Transition, and After Care. These independent living programs are designed to empower youth as they explore their role in their family, peer group, community and world.

Innercept has home-environment based programs conceived of and directed by a dynamic group of clinicians and educators who have extensive experience within school, hospital, residential and outpatient psychiatric settings. The group comes together with specialized training in adult, child and adolescent psychiatry, psychology, nutrition, special education, social work, public health and psychiatric nursing. They are actively involved in groups including DBT, Moral Reconciliation Therapy for sobriety maintenance, psychotherapy, anger management, art therapy, psycho-educational group therapy, morals and ethics, mindfulness, and health and fitness. We also provide many life skills groups such as nutrition and cooking classes, study skills, organization, finance and budgeting.

Special interests of the team include the treatment of anxiety and mood disorders, eating disorders, Asperger's Syndrome, trauma, OCD, bipolar, thought and attachment disorders. Tailor-made therapeutic and academic plans are provided in a thorough, thoughtful manner as the team identifies each individual's strengths, encouraging realistic career and education goals. Utilizing the collective experience of this group, problem areas of functioning that left earlier attempts and approaches lacking in results are met with creative solutions. Self-sufficiency is fostered as we teach principles of critical thinking and practical life skills. Our philosophy is that by mentoring responsibility, empathy, respect and integrity as the core elements of moral fiber, we increase the probability of a fulfilling, healthy and successful life.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Idaho State Department of Health and Welfare, Child Care License; Northwest Association of Accredited Schools; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; American Academy of Child & Adolescent Psychiatry, Adolescent Acute and Medical Residential Programs; Adult Acute Psychiatric and Chemical Dependency Programs