

Ironwood

(Residential Treatment Center)

CONTACT		PROGRAM OUTLINE	
Phone:	(207) 342-3655 (877) 496-2463	Gender:	Coeducational
Executive Contact:	Marion Rodrigue	Ages:	13 to 18
Admission Contact:	Marion Rodrigue	Grades:	7 to 12
Email:	marionr@ironwoodmaine.com	Enrollment:	45
Fax:	(207) 342-3731	Duration:	6 to 9 months
Address:	67 Captain Cushman Rd. Morrill, ME 04952	Founded:	2006
Website:	www.ironwoodmaine.com		



NATSAP

Member Since: 2007



Airport: Bangor, Portland

Ironwood is a residential treatment center committed to helping families in crisis with troubled teens. Our aim is to assess and treat the causes of behavior, while providing self-esteem building activities and life-enriching experiences along with rigorous academic studies – all within our home-like environment. We strive to reunite youth and their families through clinical therapy, discipline, hard work, and shared experiences in a safe, secure, and therapeutic learning environment.

Founded by parents who have faced similar circumstances, Ironwood's treatment program offers therapeutic, clinical, and educational services to bring about positive course correction. Ironwood is unique in its dedication to reunite families whenever appropriate.

Ironwood's approach is designed to work with kids who struggle with a variety of different challenges including: opposition, defiance, addictions, grief, bereavement, mood disorders, social and familial withdrawal, hopelessness, learning disabilities, post-traumatic stress, anxiety, depression, physical disabilities, and association with a negative peer group. We are not designed to work with kids struggling with a history of major violence, psychotic disorders, or sexual aggression.

Ironwood offers a highly structured treatment program with twice weekly individual therapy sessions, three times weekly group therapy sessions, family therapy, satisfying physical work, adventure-based experiences, and a wide range of special interest programs including equestrian, equine-assisted psychotherapy, canine training, art, culinary, horticulture, and nature studies. Ironwood, an accredited Maine approved secondary school, offers a full and individualized academic program taught by certified high school teachers and administrators. Experienced education staff provide daily teaching, supervision, and tutoring.

Adolescents leave Ironwood with the necessary skills for effective communication and healthy social interaction, a repertoire of refined coping skills, a more positive association with the learning experience, feelings of pride for their accomplishments, and a hunger for more success.

Through counseling, self-reflection, simple living, discipline, and engaging work, teens adopt proactive behaviors necessary to lead a productive life as a contributing family member and community citizen.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine, Department of Health & Human Services; State of Maine, Department of Education

Professional Affiliations: NATSAP-Full Member