

Kolob Canyon RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jack Hinman Admissions Contact: Kaysha Sorensen Academic Contact: Susan Mackert Email: info@kolobcanyonrtc.com Phone: (435) 865-1437 Fax: (435) 865-1439 Address: 1338 East 600 South New Harmony, UT 84757 Website: www.kolobcanyonrtc.com	Gender: Female, including transgender Ages: 14 - 18 Grades: 7 - 12 Enrollment: 12 Duration: 9 - 12 months Founded: 2002
NATSAP Member Since: 2005	 Airport: Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)

The Kolob Student: Treatment is designed exclusively for girls 14 to 17 years of age suffering from depression, low self-esteem, trauma, and difficulties in her relationships with herself and others. Kolob Canyon's census is intentionally limited to 12 girls in order to maximize one-to-one interaction with peers, staff, teachers, and therapists. Student-to-staff ratios are low and therapists with small caseloads maintain a family-like environment.

Goal and Guiding Principle: Kolob Canyon's program is specifically designed using a relational model, to assist its students to create relationships that will enhance an enduringly positive sense of self. This overarching goal is met through a clinically intense blend of traditional and non-traditional therapy delivered in a safe, supportive, and nurturing environment. Therapists have experience with adoption, separation, attachment/loss, substance abuse, eating disorders, social and trauma issues.

Clinical Intensity: Treatment is clinically intensive. Each week students receive 3 hours of individual therapy and family therapy (via the phone), equine or recreational therapy, and daily group therapy. Kolob Canyon uses outdoor and recreation therapy, taking advantage of our location on a picturesque horse ranch in Southern Utah's Canyon Country, right outside of Zion National Park. Therapists are trained in trauma therapy, DBT, and equine therapy.

Family Involvement: Parents are encouraged to participate in their own family change process in tandem with their daughter's program. Regular family therapy, Parent Seminars, family recreation trips, campus therapeutic visits, home visits, and the creation of an extensive Home Contract are integral parts of the family change process.

Academics: The intensive and college focused educational program is fully accredited and employs credentialed teachers in small group settings. Academics are designed to work with girls' learning style and help develop positive self-esteem. Students benefit from hands-on learning, including drama, art, and recreation classes.

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member; Independent Educational Consultants (IECA)