

Life-Line, Inc.

(Small Residential Program)



Member Since: 2003

Phone: (801) 936-4000

Executive Contact: Shane R. Petersen

Admission Contact: Shawna Meredith

Gender: Coeducational

Ages: 13 - 17

Grades: 7 to 12

Enrollment: 95

Duration: 9 to 12 months

Founded: 1990

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Address: 1130 West Center Street

North Salt Lake, UT 84054

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Website: www.lifelineutah.com

Life-Line is a family focused, long-term residential treatment program that creates positive change using an evidenced based, therapeutic community model that is strongly supported by empirical research. A multi-disciplinary team approach integrates education, individualized treatment planning, individual, group and family therapy, health and nutrition, recreational activities, and a structured aftercare / transition program.

In a coeducational therapeutic community setting, Life-Line treats male and female clients, 13 to 17 years of age. The program structure is designed for long-term treatment, helping youth who need a more intensive treatment intervention. This structure provides an optimal environment for treating substance abuse and oppositional defiance. We also have specialized treatment tracks with group therapy for sexual abuse, sexually reactive youth, pornography addiction, grief and loss, adoption, and body image.

A foundation of honesty and personal insight is essential before youth can develop healthy relationships with family and friends, perform well in school, and make positive contributions to society. A gradual growth process and transition through five phases of recovery provides the framework to be successful. Education, therapy, and recreation are integrated each day providing a balanced but rigorous experience that instills maturity and builds self worth. A youth may participate in more than 20 group therapy sessions in a single week along with daily classes and exercise. As each youth progresses, they have the opportunity to mentor and teach other youth and provide leadership to the therapeutic community. All admitted youth experience a three week evaluation including full psychiatric evaluation, a battery of psychological testing, a psychosocial history, and lab work. This evaluation period identifies the core treatment issues, treatment plan, and appropriateness of the placement at Life-Line. A multi-disciplinary team of licensed psychiatrists, psychologists, social workers, a registered nurse, and counselors are involved in diagnosis and individualized treatment planning.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment

Professional Affiliations: NATSAP-Full Member