

Little Keswick School

(Therapeutic Boarding School)

CONTACT

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PROGRAM OUTLINE

Gender: Boys Only
 Ages: 10 to 17
 Grades: 4 to 11
 Enrollment: 34
 Duration: 2 to 3 years
 Founded: 1963



NATSAP

Member Since: 2007



Airport: Charlottesville

Little Keswick School has been serving boys with moderately severe social/emotional challenges and learning disabilities for 48 years. Our small therapeutic school provides warm and nurturing relationships, intensive clinical intervention, and individualized education to 34 boys in a highly structured environment that ensures that they develop successfully. We encourage family involvement so that students may carry over positive behavior to the home environment as well as that of the community to which the student is intended to return.

Boys between nine and fifteen years of age are admitted from throughout the country and internationally, to work on issues related to executive functioning, social and relationship challenges (neuro-developmental, dynamic, or experiential in nature), collaboration, personal competence, and learning issues. Intellectual levels of our students range from low-average to superior. Depending on their continuing clinical and educational needs, students can stay through their seventeenth year, with most requiring two to three years of emersion in our therapeutic community to attain the gains necessary for a successful transition.

Boys accepted usually carry a combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Depression, Obsessive Compulsive Disorder, Asperger's Disorder, Bipolar Disorder, Tourette's Disorder, Oppositional Defiant Disorder, Pervasive Developmental Disorder and attachment issues. The school does not accept severely emotionally disturbed children who have been in conflict with the law, have a drug abuse history, or who have sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated or worldly.

Our students participate in individual, group and family therapies provided by two experienced Ph.D. level Clinical Psychologists, as well as our Consulting Child Psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group Occupational Therapy, integrated, individual and small group Speech and Communications Therapy, and Art Therapy are optional services. A five week summer session is required for all students. A wide array of residential activities are offered, including: horseback riding, woodshop, Boy Scouts, climbing club, PE/athletics, swimming, hiking, creative arts, and optional music instruction.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commonwealth of Virginia Department of Education; Commonwealth of Virginia Department of Behavioral Health and Development Services; Virginia Association Independent Specialized Education Facilities

Professional Affiliations: NATSAP-Full Member; Small Boarding School Association; The National Association of Private Special Education Centers