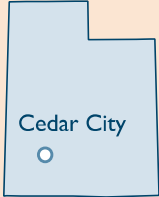


Moonridge Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tawny Davis Admissions Contact: Shawna Wilson Email: shawnaledwilson@gmail.com Phone: (435) 586-9585 Fax: (435) 586-4489 Address: 9450 West 2400 South Cedar City, UT 84721 Website: www.moonridgeacademy.com/	Gender: Girls Only Ages: 11 to 15 Grades: 6 to 10 Enrollment: 16 Duration: 9 to 12 months Founded: 2003
 NATSAP Member Since: 2012	 Airport: Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)

Moonridge Academy is a clinically intensive program for younger girls, ages 11-15. Located in beautiful Southern Utah and with a maximum size of 16 girls, Moonridge Academy provides individualized treatment and clinical sophistication in a warm, nurturing environment. Treatment is age-adjusted for the younger population and is a safe environment without the concerning influences of older girl issues. Girls at Moonridge receive individual therapy twice weekly, family therapy once, and 5 groups a week. Families are very involved in treatment. Girls participate in weekly all-day Recreation Therapy Activities and monthly three-day Recreation trips. School is Monday – Friday, teacher led classrooms with direct instruction, grades 6-10.

Moonridge Academy girls address issues such as depression, anxiety, self-harm, school refusal, family conflict, sexual boundaries, computer addiction, attention issues and low-level substance abuse.

Moonridge believes that young girls heal through relationships, improving confidence, being physically active, and above all: laughing and experiencing joy in life again. We have miniature horses, big horses, dogs and cats. Our girls climb, rappel, kayak, ski, hike, play and volunteer. We use creative and customized treatment for our girls, including Equine Therapy, DBT, Sandtray Therapy and Play Therapy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, NWAC (Northwest Accreditation Committee), Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Pony Club, CERTS, DBT Intensive