New Summit Academy of Costa Rica

(Therapeutic Boarding School)

CONTACT

Phone: (414) 921-1388 (USA)
Executive Contact: Heather Tracy, Ed.M.
Admission Contact: Marcela Pereira
Email: admin@newsummitacademy.com
Fax: (561) 892-3853 (USA)
Address: Aptdo #159-4013
Atenas, Alajuela
COSTA RICA 20501
Website: www.newsummitacademy.com

NATSAP
Member Since: 2007

PROGRAM OUTLINE

Gender: Boys Only
Ages: 15 to 18
Grades: 9 to 12/College Prep
Enrollment: 32
Duration: 12+ months
Founded: 2004



Airport: (SJO) Aeropuerto Juan Santamaria, Alajuela, San Jose, Costa Rica

New Summit Academy Costa Rica empowers and nurtures students toward healthier lifestyles through problem-solving & processing experiences to become more relationship-based, goal-driven, resourceful global citizens. Our year-round therapeutic boarding school accomplishes our mission by implementing our unique integration of a SACS-accredited USA academic program with personal growth objectives and experiential education activities.

NSA works with up to 32 males (ages 15-18) who are in or entering grades 10-12. Students may struggle with anxiety / depression, self-confidence, motivation, decision-making, difficult family dynamics, attention deficits, oppositional defiance, or substance abuse. NSA students are bright, creative (often very musical), passionate about an interest, active, accountable, capable of insight-building, socially skilled, interested in attending college and are committed to personal growth.

NSA provides an active, nurturing milieu that focuses on the flow and integration of the academic, therapeutic, and recreational aspects of a student's life. Dynamic teachers and Multiple Intelligences instruction & assessment are key to student motivation and engagement in NSA's academic curriculum. With our small class sizes, students learn to break projects into smaller pieces to make progress in reaching goals. Therapeutic strategies are non-confrontational, empowering, and emphasize process and relationship-building over behavior modification techniques. Students participate in individual therapy, community groups (3 times a week) and Honor Council Meetings. Milieu therapists participate in recreational activities and Aventuras to build natural therapeutic relationships with students outside of a traditional office environment. Therapists work with families at workshops and via telephone. The Experiential Education department involves students in planning healthy recreational activities on weekends as well as regular community service and cultural immersion opportunities with local families and friends. Furthermore, NSA's Aventura program that therapeutically engages students in Costa Rica's amazing outdoor laboratory at least 12 weeks a year gives students experiences they will never forget!

Individual Psychotherapy Available: Yes
Accreditation, Licensure: PANI (Patranato Nacional de Infancia de Costa Rica—child welfare organization), Ministerio de Salud Costa Rica (Health Ministry), SACS academic accreditation (Southern Association of Colleges and Schools); AdvancEd
Professional Affiliations: NATSAP-Full Member