New Summit Academy of Costa Rica

(Therapeutic Boarding School)

CONTACT

Executive Contact: Heather Tracy
Admissions Contact: Lee Nadeau, LPC
Academic Contact: Martin Naffziger
Email: heathertracy@newsummitacademy.com
Phone: (800) 609-9496
Fax: (561) 892-3853
Address: Educacion Nueva Cumbre
Aptdo # 159-4013
Atenas, Alajuela, Costa Rica 20501
Website: www.newsummitacademy.com

NATSAP Member
Since: 2007

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 32
Duration: 10 months+
Founded: 2005



Airport: (SJO) Aeropuerto Juan Santamaria, Alajuela, San Jose, Costa Rica

Both New Summit Academy (high school) and The Bridge (young adult gap program) thrive on our unique Supportive Immersion model which implements an empathic, empowering, process-based structure that guides students in becoming self-starters who are on a journey of true lifelong learning and growth. NSA works with up to 32 males (ages 14-18). The Bridge hosts young adults (ages 17.5-23) in our supportive community house or at differing levels of immersion in our local community. Our students may struggle with anxiety, depression, confidence, nontraditional learning styles, motivation, decision-making, family dynamics, executive functioning, identity, social anxiety, or substance abuse. Students are bright, creative (often musical or artistic), sensitive, passionate about an interest, active, accountable, capable of insight-building, interested in attending college, open to other cultures, and committed to personal growth.

Our innovative high school integrates our US-accredited academic program with personal growth objectives, experiential education adventure, and cultural immersion activities. Dynamic teachers, small class sizes, and individualized support improve student motivation, engagement, and executive functioning skills. Therapeutic sessions and groups are empowering and emphasize relationship-building and ownership of one's process. Therapists and parent coaches work with families at workshops and via telephone.

Our signature Aventura program and cultural immersion activities build important skills outside of a traditional office or classroom environment. The Experiential Education department involves students in planning healthy weekend recreational activities, as well as regular service and cultural immersion with local families and communities.

We also provide a quality transition program for students before graduation as well as a separate, independent young adult gap program (The Bridge) for students who have (or have almost) completed a high school diploma and need a supportive gap experience with cultural immersion, internships, service, Spanish, and travel.

Accreditation, Licensure: *PANI (Patranato Nacional de Infancia de Costa Rica—child welfare organization); Cognia (academic)*
Professional Affiliations: *NATSAP - Full Member*