

(844) 313-6749



NEW FOCUS ACADEMY

A place for your teen to thrive.

At New Focus Academy (NFA), we believe that all teenagers deserve the opportunity to lead fulfilling and independent lives.

NFA is an Autism Support Center providing specialized academics and clinical interventions to promote learning and growth for adolescents ages 12 to 18 who are struggling with social and functional challenges. Many of these students have Autistic minds, or other neurodivergent perspectives, affecting how they learn and understand the world around them.

With decades of experience and evidence-based methods, we offer



immersive experiential activities and a close-knit community where students can develop the necessary skills to live

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and lets help your team reach their full potential.

Learn More



About Us

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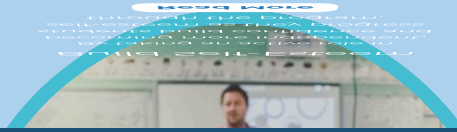
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Improve Independence

Students focus on learning and developing valuable life skills to gain independence after completing the program.

[Read More](#)



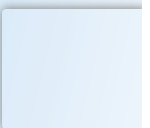
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Build Self-Esteem

By taking an active role in becoming more independent, students build confidence and self-esteem as they progress through the program.

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Healthy Relationships

Students learn and practice necessary

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HOW WE HELP



Education & Experiential Learning

At our school, students' unique learning abilities are addressed through individualized education programs. As students work towards graduation, they also learn valuable life and vocational skills preparing them for employment.

Learn More →



Individualized Therapy & Coaching

Treatment addresses each student's specific needs through goals, objectives, and positive feedback. The coaching team provides

support and guidance in a variety of
therapeutic settings.

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Social Development Groups

New Focus is a small community designed to help students feel comfortable in social settings and not feel overwhelmed. Students develop adaptive social skills and practice them through experiential activities.

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Physical Health & Recreation

Students participate in daily fitness and outdoor recreation activities to promote well-being. Engaging Recreation Therapy experiences teach students to develop a positive, fulfilling leisure lifestyle.

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which empowers them to take an active role in nutritional choices.

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Focus on Values, Not Rules

Rules are meaningless without an understanding of the principles behind them.

Rather than teaching rules, we focus on helping students understand Our Six Core Values and how they can apply them in their everyday life.

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YOUR CHILD CAN BE INDEPENDENT & HAPPY

You may be stressed and feel like it's a dead end, but your family has options. Your teenager is capable of being independent and living a full, happy life. We're ready to help your family move forward.

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WHO WE SERVE



Adolescent Girls

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Adolescent Boys

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Learn More

Contact Us

Admissions

* Required fields

Guardian First Name*

Guardian Last Name*

Guardian Email*

Guardian Phone Number*

State / Province / Region*

City*

Street*

Zip Code*

Preferred Contact Method*

How do you plan to pay for treatment?*

Prospective Student Information

First Name*

Last Name*

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	Select
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When are you hoping to get help for your child?*

Has your child received any previous treatment?*

Select	Select
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What prompted you to reach out today?*

How did you hear about us?*

Select

Submit

General Questions



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About Us

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Why New Focus

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Gender-Inclusivity and The Autism Spectrum

Autonomy Development Model

Supporting Autonomy and Growth for Teens and Young Adults

Get in touch

Heber City, Utah

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