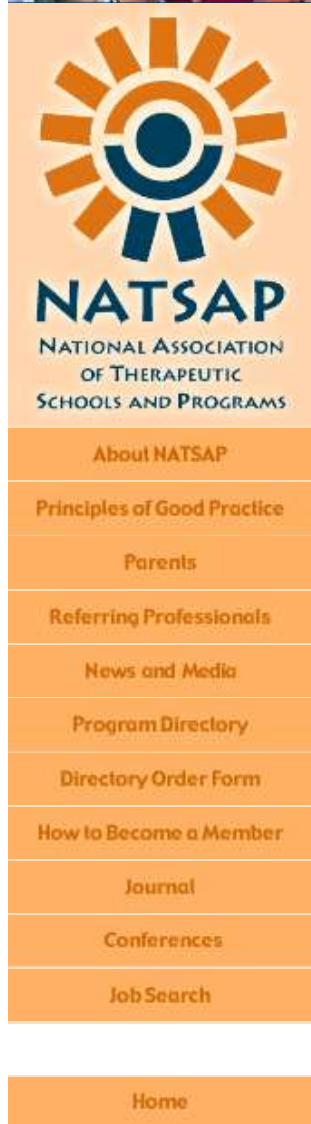




Odyssey Wilderness Programs

(Wilderness Program)

Gender:	Coeducational	Phone:	(360) 671-4999
Ages:	14 - 18	Fax:	(360) 671-8444
Grades:	8 - 12	Email:	info@odysseynw.com
Enrollment:	5 per group	Website:	www.odysseynw.com
Duration:	3-9 weeks		
Founded:	2003		

Admission Contact: Sarah Brockman

Address: 1106 Harris Avenue, Suite 201
Bellingham, WA 98225

Executive Contact: Tim Brockman

Odyssey Wilderness Programs provides positive, life-changing experiences for our students through our strength-based model of programming. Students at Odyssey learn the importance of personal and family responsibility, reflecting on their choices, and living as a part of a community. Odyssey is a well-defined, structured therapeutic environment where students are challenged to move forward every day. Field Therapists meet with students often throughout the program and keep parents updated about their students' progress. Our family component provides family systems counseling to parents during the program and a parent seminar on the last day of the students' course.

Odyssey students are male and female, ages 13 to 18. Typical Odyssey students may be struggling with issues such as: depression, anger, anxiety, low self-esteem, poor grades, drug/alcohol experimentation, conflict with parents, attention problems, or making poor choices. We accept students who are taking psychotropic or other medications.

The maximum Odyssey group size is 5 students, along with 2 certified Field Instructors and a Field Therapist. Students progress through three distinct and important phases during their 21-, 35-, or 42-day course: Personal/Family Responsibility Phase, Reflection Phase, and Community Phase. During their Responsibility Phase, students backpack for 10 days along the rugged coastline of the Olympic Peninsula, while learning responsibility skills and communication within a family setting. Reflection Phase consists of a 3-day solo experience where students meet with the Field Therapist in multiple sessions, and rest and prepare for the next phase. Then students graduate to Community Phase, where they work together to sail a 58-foot schooner in the San Juan Islands. All instructors and field therapists are certified Wilderness First Responders and are trained in Wilderness Therapy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure, Approval: Joint Commission (JCAHO) Accreditation in process; Northwest Association of Accredited Schools (provisional)

Professional Affiliations: NATSAP - Full Member

