

Outback Therapeutic Expeditions

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(801) 766-3933	Gender:	Coeducational - Single gender groups
Executive Contact:	Andrew Powell, MBA	Ages:	13 to 17
Email:	apowell@outbacktreatment.com	Enrollment:	50
Admission Contact:	Arwynn Harris Jensen	Duration:	minimum of 42 days
Email:	admissions@outbacktreatment.com	Founded:	2001
Fax:	(801) 766-3932		
Address:	50 North 200 East Lehi, UT 84043		
Website:	www.outbacktreatment.com		



NATSAP

Member Since: 2002



Airport: Salt Lake City

Outback is a licensed treatment program that uses the wilderness as an alternative to traditional treatment settings, while employing conventional yet highly sophisticated therapeutic methods. Treatment through evidence-based psychological practices, not wilderness or survival skills, is the primary focus at Outback. To accomplish this, Outback has licensed Ph.D. and Masters level therapists, individualized treatment planning, individual therapy, group therapy, flexible lengths of stay, daily group processing sessions, single gender groups using a continuous flow model, mid-stay parent seminar and visit, and weekly parent/consultant communication.

Outback works with students 13 to 17 years of age with a range of emotional and behavioral issues that may include Oppositional Defiance, Attention Deficit, Learning Differences, Low Self-Esteem, Depression, Adoption/Attachment Issues, Substance Abuse and Family Conflict.

Outback's goal is to empower the students by focusing on insight, self-mastery, and choice. These foci, combined with individual and group therapy sessions, individualized treatment planning, and the program's philosophy of promoting personal responsibility, allows the students to better internalize new, healthy habits and improve self-esteem.

In 2010, Outback was the first wilderness therapy program to be accredited through CARF. Outback also completed training with The Kinship Center For Adoption Treatment in 2010. Combined with our clinical expertise, this positions Outback as the authoritative wilderness program for adoption and attachment issues.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services

CARF Accreditation, AdvancED (North Central) Academic Accreditation

Professional Affiliations: NATSAP-Full Member Student and Exchange Visitor Information System (SEVIS)