Pine River Institute

(Residential Treatment Center)

CONTACT

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NATSAP
Member Since: 2006

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 to 19
Grades: 8-12
Enrollment: 36
Duration: Average 250-365 days
Founded: 2001



Toronto, Ontario
CANADA

Airport: Toronto

Pine River Institute is a Residential Treatment Centre and Wilderness Program for youth 13 to 19 years of age who are in crisis, largely as a result of addictive behaviors.

Pine River offers a family-centered, individualized, comprehensive program in a safe, substance-free environment. The program addresses the issues of chemical dependency, underlying mental health problems, family stress, and promotes social, emotional, physical, spiritual, and intellectual development. There are 4 seamless Phases: Outdoor Leadership Experience, Residential Treatment Center and School, Transition, and Aftercare. The length of stay is flexible, with the average being 6-9 months. While at Pine River, the students engage in: individual, group, family, recreation, and creative arts therapy; academics - traditional classroom, individual tutoring, outdoor education; expressive arts – art, music, drama; life skills; community service; athletics and recreation

The school is located northwest of Toronto on 200 acres of conservation land, in a UNESCO designated biosphere.

The students at Pine River will have a history of: serious addictive behaviors, school failure & truancy, family conflict, street involvement, defiance, excessive anger, lack of motivation, low self-esteem, depression, anxiety, thoughts of suicide, running away.

Pine River Institute is a not-for-profit treatment center with a 36-bed capacity, including the Wilderness and Residential phases of the program. The staff to student ratio is 1:4, and the staff team is comprised of experienced professionals including psychologists, social workers, addiction specialists, creative arts therapists, recreational and adventure therapists, educators, and child and youth care workers.

Students can self-refer or be referred by parents, teachers or health care professionals. Admission is on a voluntary basis. Ontario students are eligible for funding from the Ministry of Health and Long-Term Care.

Pine River is deeply committed to the integration of program and outcome evaluation into its model and attendant outcomes, and to enhance knowledge transfer regarding best practices for helping youth and families deal effectively with substance abuse. In consultation with prominent researchers from Canadian universities and the NATSAP Research Consortium, Pine River's comprehensive evaluation will be shared so that it can best contribute to the relevant education and health policies, and programs.

Individual Psychotherapy Available: Yes
Accreditation, Licensure, Approval: Ontario Ministry of Health and Long Term Care, Ontario Ministry of Education, Council on Accreditation
Professional Affiliations: NATSAP -Full Member, Association for Experiential Education; Council of Outdoor Educators of Ontario