

Rimrock Trails Adolescent Treatment Center

(Residential Treatment Center)

CONTACT		PROGRAM OUTLINE	
Phone:	(541) 447-2631 (888) 532-6247	Gender:	Coeducational
Executive Contact:	Erica Fuller, MA, CADC III	Ages:	12 to 17
Admission Contact:	Jessica Lewis, CADC I	Grades:	7 to 12
Email:	erica@rimrocktrailsats.com	Enrollment:	20
Fax:	(541) 447-2616	Duration:	3 - 6 months
Address:	1333 NW 9th Street Prineville, OR 97754	Founded:	1989
Website:	www.rimrocktrailsats.org		



NATSAP
Member Since: 2009



Airport: RDM

The mission of Rimrock Trails Adolescent Treatment Services is to offer quality and effective adolescent substance abuse and dual diagnosis treatment. Rimrock Trails has provided adolescents and their families a values-based program promoting holistic treatment for nearly two decades. Located in the heart of Central Oregon, the Residential Treatment Center provides a living environment designed to promote a feeling of comfort, support and safety that enhances the therapeutic change process. Length of stay is typically 90-120 days but can range from four to six months.

Appropriate referrals for Rimrock Trails include boys and girls ages 12-17 with a primary diagnosis of substance dependence. Referrals are pre-screened for appropriateness of placement and must be assessed as a low risk of disruption to the current group and may not have a history of violent, sex or fire related offenses.

Dialectical Behavior Therapy (DBT) is one of several evidenced-based therapeutic approaches used as a core component of the treatment program. Youth participate in individual and daily group therapy focused on building skills to prevent relapse, promote personal accountability, mindfulness, tolerate distress, regulate emotions, and increase effectiveness in relationships with others. Behavior modification reinforces the use of skillful behavior and effective choices while providing immediate intervention on problematic behavior. Youth participate in daily chores to learn functional life skills and basic self-care.

Students attend school year round and participate in sports and recreation on a daily basis. Off-Campus outings include a variety of recreational activities and are based on eligibility. A half-court gym, weight room, indoor rock climbing wall and art therapy room are available for use as appropriate.

To increase their child's success, families are encouraged to participate and commit to the process of recovery themselves. Parent visits are offered each Sunday.

Rimrock Trails ATS operates outpatient offices in Bend, Redmond, LaPine and Prineville, Oregon.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Oregon, Addictions and Mental Health Division (AMH); State of Oregon, Department of Human Services (DHS), Children, Adults and Families Division

Professional Affiliations: NATSAP-Full Member; NWIAS Northwest Institute of Addiction Studies