

Sage Walk, The Wilderness School

(Wilderness Program)



Member Since: 2002

Phone: (800) 877-1922

Executive Director: Michael Bednarz

Admission Director: Sarah Casson



Gender: Single Gender Groups
 Ages: 13 to 17
 Enrollment: 45, 9 per single gender group
 Duration: flexible with 50 day average
 Founded: 1997
 Email: info@sagewalk.com
 Fax: (541) 316-4810

Address: 1116 Obsidian Ave.
 Redmond, OR 97756
 Airport: Redmond

Website: www.sagewalk.com

SageWalk, The Wilderness School's curriculum is built around discovering the basis of past failures, building personal accountability, and creating tools for future growth through an emphasis on experiential involvement and education. Insight oriented therapy and a structured positive peer culture combined with a DBT approach and supported with traditional ceremonies create an impactful Rite of Passage experience. SageWalk uses a family systems approach that bridges and integrates the experience of the child and the parent(s). This is accomplished through weekly phone calls to the parents with the child's therapist, a parent workbook that parallels the student's experience, and a mid-stay visit that integrates the lessons learned by all family members.

SageWalk, The Wilderness School is a therapeutic wilderness intervention for struggling teens ages 13 to 17. The SageWalk therapeutic model is designed specifically for teenagers "stuck" in unhealthy patterns of behavior, and who have been resistant to help. SageWalk specializes in working with students who have dual diagnosis; substance abuse and mental health issues. Students work with both a licensed therapist and a certified alcohol and drug counselor (CADC).

SageWalk offers a flexible length of stay with a minimum of 30 days. Families who enrolled for more than 45 days are expected to attend a parenting seminar with a mid-stay visit to the field and a family therapy session. This program also includes 90 days of transition support through telephone conferences with a family transition therapist to capitalize on the gains achieved while enrolled.

Individual Therapy Available: Yes

Accreditation, Licensure: State of Oregon, Office of Mental Health & Addiction Services, Wilderness Therapy Programs; Oregon Department of Human Services, Child Caring Agency; Northwest Association of Accredited Schools; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member, Northwest Outfitters Association