

Shepherd's Hill Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Allison Wallace Admissions Contact: Christy Vena Academic Contact: Gail Dickerson Email: office@shepherdshillacademy.org Phone: (706) 779-5736 Fax: (706) 779-5052 Address: 2200 Price Road Martin, GA 30557 Website: www.shepherdshillacademy.org NATSAP Member Since: 2014	Gender: Coed - male and female only, as assigned at birth Ages: 12 - 17 Grades: 7 - 12 Enrollment: 36 Duration: 1 year Founded: 2001  Airport: Atlanta International (ATL), Greenville-Spartanburg (GSP)

Shepherd's Hill Academy (SHA) is a nature-based, therapeutic boarding school. Our 12-month program provides a 5-to-1 student-to-staff ratio for teen boys and girls ages 12-17. Our gender-separate programs each have a maximum capacity of 18 students. A unique faith-based approach and authoritative community provide an unplugged environment to foster healthy relationships, promote identity formation, and work through the challenges of life.

SHA bolsters a fully accredited academy dedicated to helping teens develop a positive and successful future by offering a quality college preparatory education as well as college and career counseling. Our small class sizes enable teachers to give students individual attention during the instructional day.

Our direct care staff receives over forty hours of training in their field annually. Such training includes de-escalation techniques, safety interventions, and emotional support methods. Staff also receive training in our unique eight-step approach to relationships through our Relationship Model, exclusive to SHA.

Therapy at SHA is holistically-focused and empirically-based. Our team of licensed clinicians creates an accepting environment delivering weekly individual, group, and equine relationship therapy. Individualized treatment plans are developed for each family. SHA also addresses issues of spirituality as they pertain to each individual.

Our therapists provide personalized care by addressing issues such as abandonment, trauma, Depressive Disorders, Bipolar Disorders, Anxiety Disorders, PTSD, Reactive Attachment Disorder, Substance Abuse Disorders, and other concerns by utilizing evidence-based modalities including CBT, DBT, Mindfulness, Family Systems Therapy, creative art, and expressive therapies, sand tray, and addiction recovery treatment.

During their time at SHA, teens also work toward core life skills. Youth engage in peer accountability, tending livestock, gardening, and building wilderness shelters. SHA facilitates biannual parent conferences and monthly parent workshops where families are able to work toward familial goals and encourage transformation and reconciliation within the family system.

Accreditation, Licensure: State of Georgia, Department of Human Services, Outdoor Child Caring Programs; Georgia Accrediting Commission

Professional Affiliations: NATSAP - Full Member; American Association of Christian Schools (AACS); Georgia Association of Christian Schools (GACS); American Association of Christian Counselors (AACC)