Telos Academy

(Residential Treatment Center)

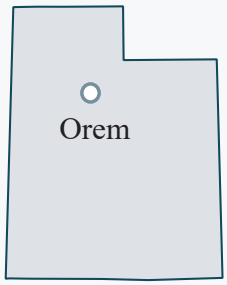
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NATSAP Member Since: 2004

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 13 - 17
Grades: 9 - 12
Enrollment: 48
Duration: 11 months
Founded: 2004



Airport: Salt Lake City, UT (SLC)

The mission of Telos is to create inspiring interpersonal relationships that invite and assist all people to move toward their ultimate potential.

The typical student at Telos is bright but underachieving. Many of our students get lost in traditional academic settings, needing a higher level of individualized support. Telos students tend to be soft hearted, behaviorally mild and clinically complex. Typical issues preceding enrollment to Telos include:

- Information processing issues
- Anxiety and/or depression
- Low self-worth
- School avoidance
- Family conflict

Telos staff exemplify a kind and patient way of being, relational coaching and a gift for connecting with young people. Telos employees are deeply trained on "the ten pillars of Telos," which include individualized treatment, effective parenting, healthy living, evidence-based treatment, and other important principles and practices.

Telos is a principles-based program. While rules, consequences, and structure are components of our program, real change occurs through relationships with staff who model the importance of principled living. Going beyond rewards and consequences, students learn the "why" behind rules, increasing the likelihood they will adopt new ways of living that long outlast their time in the program.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD*