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Mitchell Chemical Dependency Program

Address:
3232 Lay Springs Rd
Gadsden, AL 35904

Driving Directions

Mitchell Chemical Dependency Program provides residential treatment for male juvenile offenders between the ages of 13 and 18. Length of stay is approximately 90 days, depending on progress in treatment. Located in Gadsden on a 72-acre campus shared by four distinct programs, Mitchell offers a highly structured program with an evidence-based curriculum.

The therapeutic model at Mitchell combines several key components, including the Transtheoretical Model of Change, Motivational Interviewing, and Interactive Journaling. Participants at Mitchell use an interactive journaling tool called the ***KIDS Journal Series***, created by the The Change Companies. KIDS stands for *Keep it Direct and Simple*, and the fifteen journals in the series explore issues specific to adolescents in chemical dependency and behavioral health treatment programs.

Clients have 1 to 2 individual therapy sessions each week, and a minimum of 14 hours of group therapy each week. They also participate in at least one family counseling session per week. Clients are offered at least 10 hours per week of recreational activities, as well as adventure therapy.

Mitchell helps its clients succeed academically through its self-contained education program, offered through the Attalla City School System. Each client's individual educational background and needs are assessed, and an appropriate program is designed that may include work toward a high school diploma or a GED, vocational interest inventories, job skills awareness, and life skills training. The program also provides comprehensive medical services on campus.

Mitchell case managers maintain contact with each client for a full year after discharge. We work with partners throughout the state to provide transitional services. If a client relapses, we offer the Second Chance program.

Mitchell is licensed by the Alabama Department of Youth Services. The program has 24 certified beds serving clients throughout Alabama.

For more information contact: info.Mitchell@bridgeinc.org

Call 256-546-6324 to learn more

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