The Help Schools Project Six/The Commons

(Residential Treatment Center)

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NATSAP
Member Since: 2014

PROGRAM OUTLINE

Gender: Coeducational
Ages: 11 to 18
Grades: 6 to 12
Enrollment: 17
Duration: 3 months+
Founded: 1975



Airport: Los Angeles International (LAX)

The mission of The Commons is to assist young people in gaining the comprehensive skills necessary to successfully reintegrate into their local school, community and family home.

The program builds on The Help Group's long history of providing residential treatment, special education and therapeutic services to children and adolescents with Asperger's Disorder, Autism Spectrum Disorders, learning disabilities and emotional challenges.

The Commons is a 24-hour therapeutic program offers a safe and structured environment that utilizes a strengths-based approach to support the growth and development of its residents. Positive reinforcement and consistent behavioral expectations are core components of the program's design.

Located in the San Fernando Valley, the Commons offers a dorm-like setting with a structured daily schedule. The program encourages respect, personal and interpersonal development and fosters a sense of community and responsibility. Supported by a highly skilled, compassionate and caring clinical and behavioral staff, residents are encouraged to address their individual needs in a proactive and productive manner.

To ensure that residents successfully transition back into their natural settings a family focused treatment plan is created. Within this plan, the family is an integral member of the team and participates in a broad range of services, programs and events.

Centrally located to many of the recreational opportunities available in Southern California, the Commons incorporates an array of activities into the program, including trips to the beach, hikes in the local mountains, attendance at sporting events, tours of museums, and participation in a variety of community and cultural events.

During the admissions process, residents are assessed to determine which of The Help Group's highly-respected non-public schools will best meet their unique educational and emotional needs.
With a low student-to-teacher ratio, The Help Group's Village Glen, Bridgeport, North Hills Prep, and Parkhill School utilize proven educational models and practices that recognize varying levels of skill, academic interest, and a broad range of cognitive levels. The curriculum provides the knowledge and training students require for successful transition into less restrictive educational environments.

For those who are college bound, the schools offer an enriched and stimulating college preparatory program that fulfills the standards for entrance into four-year colleges and universities.

The road leading to a residential program can often be an arduous one. Through a strong partnership between The Commons, its residents, their families and school districts, the road leading home becomes a positive and productive one.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *Licensed Marriage and Family Therapist*
Professional Affiliations: *NATSAP-Full Member; Commission on Accreditation of Rehabilitation Facilities; American Psychologist Association; Associate of Psychology; Post-Doctoral and Internship Commission; Western Association of Schools & Colleges; California Association of Marriage & Family Therapists*