

The Journey, LLC

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(801) 885-0559	Gender:	Coeducational
Executive Contact:	Madolyn Liebing		Single Gender Groups
Admission Contact:	Chris Allen	Ages:	13 to 17 and 18-25
Email:	chris@journeywilderness.com	Grades:	9 to 12
Fax:	(801) 375-4241	Enrollment:	24
Address:	619 North 500 West	Duration:	Flexible, 10-60 days
	Provo, Utah 84627	Founded:	2003
Website:	www.journeywilderness.com		



NATSAP

Member Since: 2010



Airport: Salt Lake City, Utah

The Journey, LLC: Explore ... Discover ... Become.

The Journey Wilderness Therapy Program provides fully customizable expeditions ranging from 10 to 60 days for male and female clients (in gender specific groups or coed) ages 13 to 17 or 18 to 25 (in separate programs). The expeditions may include therapy, clinical assessments, parent support and training, academic credit, school motivation, family relationship enhancement, and overall personal growth experiences. The Journey Wilderness expedition is a hybrid program combining traditional wilderness skills with adventure activities. Wilderness skills may include primitive fire building, leather-working, and basket-making. Adventure activities may include rock climbing, backpacking, biking, ropes courses, and pushing handcarts. Qualified therapists conduct individual counseling sessions in person, and family counseling sessions by phone as well as providing an assessment of needs and recommendations to referring entities. The Journey has the capacity to complete a full psychological evaluation in the field. For nearly eight years, our expeditions have been a powerful motivator for clients that are struggling in other treatment settings and can be customized for clients in residential treatment programs or boarding schools. It can serve as a learning experience during school breaks for high-energy teens who crave adventure and like the outdoors. The Journey is owner operated by seven dedicated wilderness treatment professionals who have provided 78 combined years of outdoor education and therapy. The Journey, LLC was founded by Madolyn M. Liebing, Ph.D., Psychologist, who fostered the concept of wilderness therapy over 20 years ago by co-founding one of the first wilderness therapy programs and serves as The Journey's Clinical Director

The Journey Wilderness Therapy
45 West 700 South, Ephraim, Utah 84627

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Department of Human Services; Utah State Board of Education for school registration and teacher licenses

Professional Affiliations: NATSAP-Full Member