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Duck River of Three Springs

(Residential Treatment Center)

Gender:	Boys Only	Phone:	(931) 729-5040
Ages:	13-17	Fax:	(931) 729-9525
Grades:	6 to 12	Email:	dbutte@threesprings.com
Enrollment:	50	Website:	www.threesprings.com
Duration:	9-15 months	Admission Contact:	Deidre Butte
Founded:	1995	Executive Contact:	Dean Porterfield
Address:	168 Three Springs Road Nunnely, TN 37137		

It is the purpose of Three Springs Duck River program to help young men deal with struggles, whether it is struggles with their family, school, or community. The ultimate goal is to heal the child and return him to his family unit. The program uses proven clinical approaches that are complimented by the outdoor component. Mental health treatment is provided for emotionally and/or behaviorally disturbed adolescents age 13-17. The Duck River program combines traditional psychiatric/psychological treatment along with experiential/adventure based outdoor services combined with an on site accredited school. The typical length of stay ranges from 9-15 months. Adolescents with emotional and behavioral problems receive comprehensive therapeutic and academic services in a safe and nurturing environment. We help lead adolescents to the right path and support them along their journey by teaching them to believe in themselves and in their ability to be successful.

Residents confront concrete, immediate challenges through reality-based counseling, group process, experiential education, and specialized support treatment and educational services. Our individualized Education Program, computer-integrated curriculum, and ropes and wilderness courses reinforce individual responsibility. We believe group process is the primary therapeutic intervention necessary to achieve lasting change, and we supplement the skills that come from group work with individual and family counseling. Group Counselors and Family Service Counselors provide individual counseling sessions on an as-needed basis. Periodic reviews by the psychiatrist or psychologist are scheduled, as determined by the Treatment Team. Duck River has some groups that are Christian based. These groups still utilize the same proven clinical techniques, but the spiritual focus is one of Christian orientation

As residents progress in treatment, they will be able to earn therapeutic home passes, and other such privileges. Parental participation is an essential component of the program in that parents actively participate in monthly family days on campus, facilitate home passes, participate in family therapy with their son, attend on campus parent trainings and are involved in the overall treatment process. The program also actively involves the families' home time therapist/psychologist/psychiatrist in the treatment process, and works with the family to procure the best aftercare program for their son. Duck River also provides free aftercare weekends for their graduates.

Individual Psychotherapy Available: Yes

Accreditation, Licensure, Approval: Certification and Accreditation of Residential Facilities (CARF); Association of Experiential Education (AEE); Southern Association of Colleges and Schools (SACS), State of Tennessee, Department of Children Services-Intensive Residential Treatment Center, State of Tennessee, Department of Mental Health-Day Treatment.

Professional Affiliations: NATSAP, AACRC, NATWC, TACC