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NEW DOMINION - VIRGINIA

New Dominion School of Virginia P.O. Box 540 Dillwyn, VA 23936	Phone: (804) 983-2051 Fax: (804) 983-2068 Admissions Director: Don Williams

The New Dominion Outdoor Therapeutic Program in Virginia was established in 1976 and became part of Three Springs, Inc. in 1994. This program serves boy's ages 11 through 18 who are experiencing emotional, behavioral, and learning difficulties to the extent they can not appropriately function at home, school, or community. The program is licensed as a Virginia special education high school and is accredited by the Southern Association of Colleges and Schools and the Virginia Association of Special Education Facilities. It also holds the Virginia Interdepartmental License as a Mental Health facility.



New Dominion - Virginia is located 60 miles west of Richmond, Virginia on 550 picturesque acres. It affords the full range of outdoor therapeutic activities that is so important to help residents take positive control of their lives, realize self worth, and develop self-confidence and problem-solving skills to succeed in returning to his family and community a happier, motivated and responsible member of society.

Residents function as an integral part of an intensive group process in treatment. Under the supervision and guidance of skilled Group Counselors, residents are able to impact one another in a manner which produces positive and lasting change. Also, by emphasizing the resident's individual responsibility as well as a responsibility to others, these youth become better able to meet their own needs while respecting the needs of others.

The focus at New Dominion is consistently seen through the utilization of a reality based counseling approach with an emphasis placed on the development of problem solving, coping, self-help and socialization skills. This places significant expectation on the resident to take responsibility for his/her situation and to address it in a positive manner. Each individual is counseled and treated as one who is capable, if he chooses, to acquire the skills to think, feel and behave differently. Such an orientation does not dismiss the clinical validity of diagnoses

and disabilities, however, the focus is on the practical realities of teaching the resident how to positively cope with the "here and now" and address their individual issues.

While the use of the group process is seen as the primary therapeutic intervention necessary to achieve lasting change, New Dominion recognizes the need for additional therapeutic efforts and utilizes them as part of their comprehensive treatment services. Psychiatric/Psychological services, individuals counseling, family counseling, substance abuse counseling/education, abuse victims treatment and special educational services are examples of additional treatment services available to residents.

Residents receive a complete educational assessment upon admission from which an educational plan is developed. The academic program is designed to meet the special needs of each student through traditional and special education academics. The educational program is an integral part of the treatment program and the teachers participate in Treatment Team meetings.

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