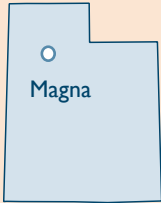


# Vista Treatment Center

(Residential Treatment Center)

| CONTACT                                                                                                                                                                                                                                                                                                                                                                                                                                                           | PROGRAM OUTLINE                                                                                                                                                                                                                                                                                                                               |
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| <p><b>Executive Contact:</b> Matthew B. Checketts, Ph.D.,<br/>L.C.S.W</p> <p><b>Admissions Contact:</b> Raymond Archuleta</p> <p><b>Email:</b> mc@vistatc.com</p> <p><b>Phone:</b> (801) 558-3335</p> <p><b>Fax:</b> (801) 250-8483</p> <p><b>Address:</b> 8265 West 2700 South<br/>Magna, UT 84044</p> <p><b>Website:</b> www.vistatc.com</p>  <p><b>Member Since:</b> 2003</p> | <p><b>Gender:</b> Coeducational</p> <p><b>Ages:</b> 13 to 17</p> <p><b>Grades:</b> 9 to 12/College Prep</p> <p><b>Enrollment:</b> 32</p> <p><b>Duration:</b> 7 to 10 months</p> <p><b>Founded:</b> 1991</p>  <p><b>Airport:</b> Salt Lake City, UT (SLC)</p> |

Vista is a Residential Treatment Center for adolescents ages 13-18. Located just outside Salt Lake City, Vista is a 32 bed facility for smart, clinically complex students that struggle with anxiety, depression, bipolar, borderline features, eating disorders, trauma, learning struggles, self-harm, attachment and oppositional defiance.

## Therapy:

Therapy at Vista totals 18 hours per week, including group therapy, individual and family therapy, substance abuse counseling and psychiatry. Proven methods include Cognitive Behavioral Therapy, Dialectical Behavioral Therapy and Motivational Interviewing.

## Staffing:

Vista employs a full-time psychiatrist, 7 full-time Therapists, 2 Substance Abuse Counselors, 2 Recreational Therapists, 8 full-time teachers, 8 part-time teachers, along with Staff supervisors and Behavioral Counselors.

## School:

Vista's full-service private school, Stansbury Academy, is accredited by NorthWest Accreditation commission and AdvancED. Stansbury Academy offers traditional courses taught by a full-time staff, along with some AP curriculum and even some concurrent enrollment in college.

## Substance Abuse Counseling:

Vista has 2 Substance abuse counselors that work in tandem with primary therapists. AA and NA meetings are held on and off campus and Vista uses a modified 12-step model to focus on core issues such as self-esteem, shame and abandonment.

## Recreation:

Balance is a key component to any program. Vista has 2 full-time Recreational Therapists that take students off campus each week to go rock climbing, golfing, skiing/snowboarding, hiking, fly fishing and horseback riding. For more information, please contact Keith Crossley at 801.558.3335 or Matthew Checketts, Ph.D. at 801.910.5891.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED; Northwest Association of Accredited Schools (NAAS)

**Professional Affiliations:** NATSAP-Full Member