

GIRLS' Point Sheet				Updated 11/10/2009			
Monday				Tuesday			
6:30	Wake up	5		6:30	Wake up	5	
6:30-7:00	Make Bed	5		6:30-7:00	Make Bed	5	
	Hygiene	5			Hygiene	5	
	Room Chores	5			Room Chores	5	
7:00-7:30	Breakfast / Meds	5		7:00-7:30	Breakfast / Meds	5	
	Clean-up	5			Clean-up	5	
7:30-9:00	Phys Ed	30		7:30-9:00	English	30	
9:00-10:30	Math	30		9:00-10:30	Aerobics	30	
10:30-12:00	Science	30		10:30-11:30	Health	30	
12:00-12:30	Lunch	10		11:30-12:00	Lunch	10	
12:30-12:50	Clean-up	10		12:00-1:30	Social Studies	30	
12:50-1:30	St. Hall	20			Group	50	
1:30-3:30	Group	50		1:30-3:30	Art	30	
3:30-5:00	Spanish	30		3:30-5:00	Therapy Study	10	
5:00-5:30	Dinner	10		5:00-5:30	Dinner	10	
5:30-6:20	T.Study/Calls/ Chores	20		5:30-6:00	Clean-up / Chores	10	
6:20-7:10	Phone Calls / Letters	20		6:00-6:20	Liesure Ed / L2-3 Outing	40	
7:10-8:45	On Campus Rec	30		6:20-8:20	Meds / Snacks	10	
8:45-9:20	Meds / Snacks	10		8:45-9:20	Journals / Goals	10	
	Journals / Goals	10			Hygiene (Shower)/Bed	10	
9:20-10:00	Hygiene (Shower)/Bed	10		9:20-10:00	Lights out	5	
10:00	Lights out	5		10:00			
355				345			
Wednesday				Thursday			
6:30	Wake up	5		6:30	Wake up	5	
6:30-7:00	Make Bed	5		6:30-7:00	Make Bed	5	
	Hygiene	5			Hygiene	5	
	Room Chores	5			Room Chores	5	
7:00-7:30	Breakfast / Meds	5		7:00-7:30	Breakfast / Meds	5	
	Clean-up	5			Clean-up	5	
7:30-9:00	Phys Ed	30		7:30-9:00	English	30	
9:00-10:30	Math	30		9:00-10:30	Aerobics	30	
10:30-12:00	Science	30		10:30-11:30	Health	30	
12:00-12:30	Lunch	10		11:30-12:00	Lunch	10	
12:30-12:50	Clean-up	10		12:00-1:30	Social Studies	30	
12:50-1:30	St. Hall	20			Group	50	
1:30-3:30	Group	50		1:30-3:30	Art	30	
3:30-5:00	Spanish	30		3:30-5:00	Therapy Study	10	
5:00-5:30	Dinner	10		5:00-5:30	Dinner	10	
5:30-6:20	Therapy Study/ Chores	20		5:30-6:00	Clean-up / Chores	10	
6:20-7:20	SDS	20		6:00-6:20	Weekly Goals Check-in	20	
7:20-8:20	Recreation	20		6:20-7:20	NA Meeting/ Off Campus	20	
8:20-8:45	Letters/Step Study	20		7:20-8:45	Step Study/ Off Campus	10	
8:45-9:20	Meds / Snacks	10		8:45-9:20	Meds / Snacks	10	
	Journals / Goals	10			Journals / Goals	10	
9:20-10:00	Hygiene (Shower)/Bed	10		9:20-10:00	Hygiene (Shower)/Bed	10	
10:00	Lights out	5		10:00	Lights out	5	
365				355			