

F.A.Q.

Frequently Asked Questions

You Have Questions, We Have Answers

- WHEN SHOULD I SEEK HELP FOR MY CHILD?

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- WHY CHOOSE VIVE ADOLESCENT CARE?

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- WHAT IS VIVE'S ADMISSIONS PROCESS?

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- WHAT IS VIVE'S COST OF TREATMENT?

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- WHAT IS VIVE'S BED AVAILABILITY?

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- WHAT SHOULD I EXPECT AFTER MY CHILD IS ADMITTED?

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- WHAT KIND OF TREATMENT WILL MY CHILD RECEIVE?

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- HOW LONG WILL THE TREATMENT LAST?

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WHAT PERSONAL BELONGINGS DOES MY CHILD NEED?	▼
AM I ALLOWED TO VISIT?	▼
CAN I DROP OFF OR SEND A TREAT OR SNACK FOR MY CHILD?	▼
WHEN WILL I BE UPDATED ON MY CHILD'S PROGRESS?	▼

If you have additional questions that need assistance

Vive strives to quickly resolve any concerns or issues that may arise during treatment. If at any time you feel a concern has not been resolved, please call and speak to one of our patient advocates. Call [\(435\) 703-6470](tel:4357036470) and ask for a patient advocate.

What Do You Do While Your Child is in Treatment?

- Idea 1: Write it down.** Take some time to write down what was not working and what was working with your child. Consider the following questions: How am I doing holding boundaries while offering support and validation to my child? Am I doing well with co parenting with other parents? (if applicable) How am I doing at implementing appropriate limits and consequences for my child? What would I do differently if I could redo past situations with my child? Does my child feel like they matter to me even when limits are set? Am I putting energy and time into my relationship with my child?
- Idea 2: Get into your own therapy.** This will help you gain the clarity you need to see things from a different perspective. It can also help you gain the parenting skills that may be needed to help things go in a more productive direction.
- Idea 3: Start on a transition.** What does life look life after Vive? If your child is going on to a longer-term center, finding out possible options and getting the process started early is always more effective and less stressful. If your child is returning home, looking at options like outpatient and IOP programs now will help before your child leaves Vive is encouraged.
- Idea 4: Get educated.** Consider the following Parent Reading List to become further educated and become a valuable resource to your child.
- > [a_Raising an Emotionally Intelligent Child: The Heart of Parenting](#) By Ph.D. John Gottman
 - > [a_Hold On to Your Kids: Why Parents Need to Matter More Than Peers](#) By Gordon Neufeld, Ph.D.
 - > [a_The Anatomy of Peace: Resolving the Heart of Conflict](#) By The Arbinger Institute
 - > [a_Bonds that Make Us Free: Healing Our Relationships, Coming to Ourselves](#) By C. Terry Warner
 - > [a_Crucial Conversations: Tools for Talking When Stakes are High](#) By Joseph Grenny & Kerry Patterson
 - > [a_Scream Free Parenting](#) By Hal Edward Runkel
 - > [a_Self-Compassion: The Proven Power of Being Kind to Yourself](#) By Dr. Kristin Neff
 - > [a_Not by Chance: How Parents Boost Their Teen's Success In and After Treatment](#) By Tim Thayne

Get in Touch

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 Hours *(click to view)*

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About Vive Adolescent Care

Vive Adolescent Care is an acute stabilization facility working primarily with adolescents and families that are struggling with mental health crisis. We are an Insurance based, 14 to 30-day inpatient facility dedicated to giving our clients the tools..



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-  CALL TODAY ▲
-  CONTACT US