WOODBURY REPORTS

NOW AVAILABLE

PARENT EMPOWERMENT HANDBOOK ™

16TH EDITION

The **Parent Empowerment Handbook ™**,
16th Edition, is now available for immediate shipping.
This 286-page hardbound Handbook is a
valuable resource guide for parents of struggling teens.
It contains current information on the top private
parent-choice residential schools and programs
for struggling teens throughout the country,
as well as a list of the leading Transport Agencies
and Independent Educational Consultants.

For ordering information please contact:

Woodbury Reports
Po Box 1107
Bonners Ferry, Idaho
208-267-5550

teri@woodbury.com www.strugglingteens.com

San Cristobal
RANCH ACADEMY

The price of greatness is responsibility.
Winston Churchill

The San Cristobal Ranch Academy is a therapeutic learning center where residents embrace a broad range of opportunities designed to help them make a productive transition into adulthood. Through a combination of ranch, educational, wilderness, employment and counseling services we help 18 to 25 year-old men struggling with poor self-esteem, anger, depression, school failure and substance abuse learn to live and work in diverse environments.

If interested, contact us.

San Cristobal Ranch Academy
P.O. Box 1661
Taos, NM 87571
Phone: 866-918-8383
Fax: 505-776-2513
cslate-leach@ranchacademy.com
www.sancristobalranchacademy.org

GATEHOUSE ACADEMY

Wickenburg, Arizona
Glenna Conway – Assistant Director of Marketing
928-231-5004

Visit Report By: Kristie Henley, December 14, 2005

The main campus of Gatehouse Academy is located in the downtown area of the small Arizona community of Wickenburg. As we pulled into the parking lot of the administration building, we were greeted by the Assistant Director of Marketing, Glenna Conway. Gatehouse Academy is appropriate for students ages 17-25 with chemical dependency, and in many cases, dual diagnosis issues.



After a quick trip into the office to sign the necessary resident privacy forms, we headed out to the Hassayampa River Ranch where residents spend the first three months of the program. At the "Ranch," residents work intensely on the first three steps of the 12-Step program. The Ranch campus is located about 30 minutes from the Gatehouse main campus on a winding, bumpy gravel road. As soon as we arrived at the Ranch, we immediately began our tour of the men's cabin. The cabin houses up to 16 residents and has a separate room for 1 staff member. Next, we walked over to the women's cabin where up to eight young women live with an in-house staff member. The women's cabin had a full kitchen, living room, several bedrooms and a cozy back porch where all the residents gather and talk. Both cabins were kept neat and tidy, but the women's cabin was much cozier. The entire ranch is operated on generator power; however unless a staff member told you this, you wouldn't even realize it.

After viewing the cabins, we visited the 15 horses living on the Ranch campus before walking up to the "bird-cage," a building where residents spend several hours a day studying the "Big Book" of Alcoholics Anonymous. When we walked in, the residents were in a circle discussing their patterns of addiction while working together to assist each other in finding potential solutions. We left the birdcage and headed up toward the main house where the men eat their meals. The entire ranch felt cozy and warm, and had a safe feeling that made me want to hang around all day.

Because we'd arrived late, we only had time for a short visit at the Ranch before heading back to continue our tour of Gatehouse's main campus. Once back in Wickenburg, we drove over to the admissions building where six groups of parents were attending a family workshop. Gatehouse hosts family workshops at the student's four-month mark, then again every three months or so until graduation. Each group of families who participate in the workshops generally move through the program together. This allows the families to create their own support network throughout their young adult's treatment process.



The main campus of Gatehouse Academy spans over several blocks in downtown Wickenburg. Students live in group homes where they are taught responsibility, life skills, social skills and work ethic, while receiving therapy and clinical services.

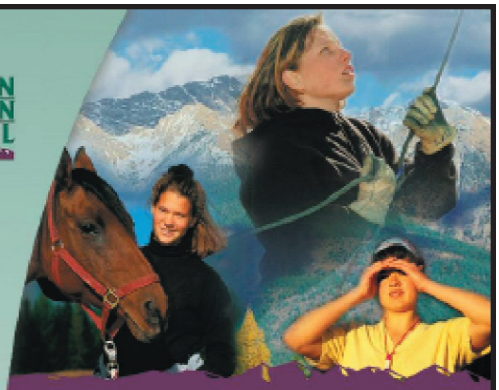
The Gatehouse facility falls under the jurisdiction and scrutiny of the Arizona Department of Health Services, Division of Assurance and Licensure Services and Office of Behavioral Health Licensure. Gatehouse is listed in the non-licensed "Level 4 Transitional Agency" category, meaning they receive support to assist clients in managing crisis, or enhancing the client's independent living skills. Gatehouse is also licensed as an outpatient agency for its division of therapeutic and clinical services.

Residents live at the main campus for approximately nine months after completing the ranch portion of the program, after which they are eligible for the four-month Internship Program. Upon completion of the Internship Program, if they express an interest, interns may apply as Junior Staff, which allows them to actively participate in all departments at Gatehouse. The main campus houses up to 70 residents where the young adults continue their work on the 12-Step program and begin working on academics. Both high school and college tracks are available to students. A couple of blocks up from the main campus are 25 additional horses the students care for and use in a variety of management tasks.

As we found during our visit, the Gatehouse schedule

Continued: **Gatehouse/** pg 16

MISSION MOUNTAIN SCHOOL



Changing Crisis to Opportunity since 1990.

Mission Mountain School provides adolescent girls with opportunities to successfully initiate their own heroic quest and overcome significant adversity to achieve accomplishment.

Our emotional growth program requires girls' active participation in their journey to discover and reach true potential.

For adolescents and families having difficulty, enrollment at Mission Mountain School means letting go of drugs, alcohol, negative peer groups and inappropriate relationships - in fact, it means giving up on their old lives to start anew.

Swan Valley, Montana.

Box 980, Guest Ranch Road
Condon, Montana 59826
www.missionmountain.com
For more information, call **406-754-2580**
or e-mail info@**missionmountain.com**.



CARE Academy
Putting Lives Together

Long-Term, Residential Treatment for Teens

Care Academy is a long-term, residential treatment facility and therapeutic boarding school that specializes in helping troubled teenagers.

We offer:
- Alcohol and Drug Rehabilitation
- Programs for Emotional and/or Behavioral Disorders
- Programs for Dual Diagnosis

Care Academy recognizes each student's individual needs and teaches residents skills to help them recover and maintain a healthy, successful lifestyle.

PO Box 187 - Willisburg, KY 40078
859-375-0400
careacadky@aol.com
www.careacademyky.com

Gatehouse: Continued from page 15

blends the daily 12-Step meetings, morning work ethic, therapy, physical workouts, life/ social skills training recreation, and participation in school with clinical, medical and psychiatric services. We talked with a group of students dressed in karate outfits on our way to view the group homes. The students appeared to be filled with pride as they left campus and walked toward their karate class. We left the admin building and crossed the side street to walk through the girls' housing, which included a couple of tidy cabins and young women busily preparing dinner in the kitchen. The dinner table was set for 13 young women, and those who weren't cooking were busy straightening up the kitchen for easy cleanup.



On the other side of the administration building sat several group homes for the young men, and I found it ironic that the men's houses were much cleaner than the women's. The men were also busily preparing dinner while showing off their newly acquired skills and singing along to Christmas carols on the radio. I was impressed with how candid and responsible the residents appeared, because everyone we talked with made excellent eye contact and seemed genuinely appreciative of the Gatehouse recovery program.

After chatting with several students for a short while, we headed back to the administration building where we had a chance to talk with one of the main houseparents. As someone who had been sober for 13 years, she was the perfect mentor for the residents at Gatehouse Academy. I feel comfortable using Gatehouse Academy for the young adult who is struggling with chemical dependency issues and needs a supportive community to learn how to live a healthy life.

After a wonderful day of visiting with the students, touring the campuses and chatting with various staff members, we climbed into the car and drove away from Gatehouse. It had been a relaxing day that left the feeling of hope for the future of the residents.

The mind is not a vessel to be filled but a fire to be kindled.

~Plutarch

YELLOWSTONE
Boys and Girls Ranch

With 48 years experience, Yellowstone Boys and Girls Ranch is a multi-service agency based on Judeo-Christian values. We currently serve more than 400 children and families in psychiatric residential care and community based services.

Our 400-acre campus located west of Billings, Montana provides an environment where students recognize their potential. The campus includes a recreation center, an accredited school, medical clinic, residential lodges, community homes and an equestrian center.

We serve emotionally disturbed special needs youth and their families nationally with a strong emphasis on family communication. We also provide community based services within Montana.



- Assessment
- Outpatient Services
- Case Management
- In-Home Family Support
- School-Based Service
- Specialized Residential Care
- K-12 Academy
- Day School
- Day Treatment
- Community-Based Group Homes
- Campus-based Group Homes
- Mentoring

"It sure makes a difference when you know somebody cares"

YBGR is a nationally accredited, Montana state licensed, private, not-for-profit facility.
1732 South 72nd Street West • Billings, MT 59106-3599 • (406) 655-2100 • 1-800-726-6755 • Internet: http://www.ybgr.org
Montana Licensed • Insurance Approved • An Equal Opportunity Employer