Rancho Valmora

Rancho Valmora is an 81-bed New Mexico Licensed Residential Treatment Facility providing therapeutic and education services to emotionally/ behaviorally troubled 12-18 year old males and females.

- Fully integrated therapeutic and experiential milieu conducted within the framework of Positive Peer Culture, a values-based and process-oriented model.
- NCA-CASI accredited on-site school.
- NATSAP Member.
- Accredited Horsemanship, Art, Horticulture and Lifeskills Programs.
- Beautiful 1,000-acre campus located near the Sangre De Cristo Mountains in Northern New Mexico.



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Website: www.ranchovalmora.com

INNER CONNECTIONS
Outer Success

Life Coaching and Mentoring for Emerging Adults and Parents

Coaching Intensive in Keene, NH
4-6 months aftercare/transitional support for 18-24 year olds

College Coaching **Distance Coaching**

Parent Coaching
Individual, Groups, Tele-Courses

innerconnections.com 802-451-1075 Chris Cotton, Director



SECOND NATURE
Wilderness Program

Second Nature is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment, daily groups and individualized therapy sessions with doctorate level therapists weekly.

Second Nature works with students 13 to 17 with a range of emotional and behavioral issues including: Depression, Learning Differences, Oppositional Defiance, Attention Deficit, Attachment and Substance Abuse Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict.

For Additional Information Contact us at:
801-465-9865 or 801-947-1338

STRUGGLING TEENS – A VIEW FROM SCOTLAND

By: Bill Colley
Caledonia Training
Perth, Scotland

Not long ago, whilst renovating a house, I lifted some old dusty carpets to find the floor had been lined with local newspapers dating from 1967. What struck me was just how much the world had changed in the intervening period.

Nowhere in that old newsprint was there any reference to email, spam, websites, broadband or electronic viruses. Our language today is filled with the Trojan horses of the computer age, and a very changed world that would barely enable us to function within the restrictions of the 1960's lingua franca.

In all areas but one that is, 'the behaviour of young people today.'

The editorial comments in those newspapers were strangely familiar. Children were not being 'taught respect;' the permissive society was leading to a breakdown in moral values; parents and teachers failed to exercise discipline at home or in school.

In fact, not one word, phrase or sentiment written at that time would seem out of place in one of today's newspapers. More importantly, few, if any, articles written and published today would appear strange and insightful to the newspaper readers of 40 years ago.

The new frontier was space and in the years that followed we managed not only to land men on the moon, but to shift our horizons beyond our own solar system. Why then, can't we find the answer to the problem much closer to home, how to help the disenchanted, disengaging youth amongst us?

The answer is relatively simple. Human behaviour is very complex. It is susceptible to countless environmental and genetic variables, and we have yet to develop a way of discussing our behavioural challenges that allows intelligent, objective and dispassionate opinions to be given due consideration. Children's behaviour in particular, stirs up passions and strong opinions from all angles and all areas of society. We all have an opinion because we were all children once, and because our own experiences mould our thinking into fairly brittle and finite values about what